

ARTBEAT

by Bill Buttle



"Don't ever start a food truck! — They'd have you up for dangerous operation of a vehicle!"

Adopt-a-Road, Kill-a-Weed!

Lanark County is working with a property owners' association on a trial program along a section of road to reduce noxious weeds, such as wild parsnip, without the use of pesticides.

The Little Silver and Rainbow Lakes Property Owners Association (LSRLPOA) is the first Lanark County Adopt-a-Road Noxious Weed trial participant.

Terry McCann, the county's public works director, explained that the association's executive wanted to investigate alternatives to the use of pesticide spray for noxious weed control on roadsides of County Road 36, which transects the watershed of Little Silver and Rainbow Lakes.

"This trial program is similar to the Adopt-a-Road program, which sees community groups enter into an agreement with the county to help keep sections of roads attractive and clear of litter."

The noxious weed proposal consists of a number of trial plot areas (each 50 to 100 metres long) where the association will commit to alternative methods of noxious weed control. The results will be monitored and the county will use the trial to assist in determining if it is viable for other associations to get involved in noxious weed control on Lanark County roadsides.

The trial methods include accelerated mowing, digging/pulling wild parsnip, and doing nothing. Spraying will not occur in those areas.

"The two groups are collaborating on this trial and will share the results," Mr. McCann said, noting both parties have indicated they "welcome this constructive and cooperative approach, and look forward to taking part in an important trial of alternative methods for weed control."

Other groups interested in the program are invited to contact the county for future consideration. An agreement must be put in place and locations are subject to approval.

More information about noxious weeds and weed spraying can be found on the county website at <lanarkcounty.ca/Page1875.aspx>.





(above) **Michael Rikley-Lancaster** from Almonte was reading the Humm at the Al-Samaria, Sheikh Faisal Bin Qassim Al Thani Museum near Doha, Qatar, on April 15, 2014. (below) In early 2014, **Lynda Haddon** from Perth wrote: "Hello, I spend January and February in Charleston, SC where there were some pretty cold days this year. Here I am with theHumm in front of The Edmond-Alston House on The Battery, in Charleston."



Hummble Thought

We assume that we can have an exploitive ruthlessly competitive profit for -profit's -sake economy and yet remain a decent and a democratic nation,

as we still apparently wish to think ourselves.

This simply means that

our highest principles and standards have no practical force or influence and are reduced merely to talk .

- Wendell Berry, Bringing it to the Table: Writings on Farming and Food



the etc. Entertainment sideas

119 Bridge Street, PO Box 1391 Almonte ON K0A 1A0 Phone: (613) 256–5081

Editor:

Kris Riendeau editor@thehumm.com

Layout and Design: Rob Riendeau

rob@thehumm.com

Advertising/Promotions:

Kris Riendeau: (613) 256–5081 kris@thehumm.com

Assistant Editor:

Rona Fraser rona@thehumm.com

Calendar Submissions: calendar@thehumm.com

theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

Content Deadline:

20th of the month prior to publication

Advertising Deadline:

 22^{nd} of the month prior to publication

Subscriptions

cost \$40 (includes HST) for one year (12 issues). Send a cheque with your name and address to: theHumm PO Box 1391 Almonte ON K0A 1A0

Opinions and information published in theHumm in letters, press releases, or individual columns do not necessarily reflect the opinion of this newspaper.

All writing, artwork, and photographs published in theHumm are copyright to the author, or to theHumm in the case where no author is specified. Reprinting any content without permission violates copyright and is prohibited (and despicable!).

Thanks this month to:

Everyone who has ever sent in a "Who's Reading theHumm" photo. We feel honoured (and a little jealous) that our publication has travelled so extensively with such a diverse group of people!

Pam Hills — The Art of Feeling Good

whole life if you live with it. Buyers repeatedly tell her that they hang her art where Life as Coach in their kitchens.

Her art is difficult to categorize. Af-"mixed media sculptural collage" best describes most of her current pieces. How

by Sally Hansen

Art... and Sou

else would you describe an acrylic painting of a five-story brick building with a sculpted windowwasher working on a suspended platform hanging from a roof track? Or a gloriously coloured wooden fish with lascivious lips sitting on a beautifully made wooden chair?

Of course, there are her (slightly) more conventional acrylic paintings on wood of "Wonky Villages", a collection she conceived when she lived in New Brunswick and ran a roadside art gallery and snack bar on a major tourist route. Her brilliant a few reasons... the first being that I acrylic paintings of classic cars sport unusual perspectives and are done on a commissioned basis.

Now she is working on compositions that feature curved three-dimensional "canvases" fashioned from flexible plywood. She attaches wooden fish and other components to create whimsical wall-mountable scenes that cause your heart to I gravitate to the bright colours besmile. When her new studio at her home in Smiths Falls is completed, she intends to take up welding.

Nothing fazes her. Hills is an accomplished carpenter, practiced handyman, and a certified Paverpol instructor (Paverpol is a versatile, water-based fabric hardener and sculpting material). A con-



Pam Hills' art is happy. It cheers you up firmed autodidact, if she doesn't know how to build when you see it, and it brightens up your something, she experiments until she does.

they see it most often — over their beds or Necessity is the mother of invention; invention is the child of experimentation. Born in Germany, Pam grew up as a Canadian Army brat, settling in ter some consideration, we decided that Ottawa in the early '60s. At age twelve when her father left the family, she took over his workshop and became the resident "fix-it guy". She worked in the trades as a house painter and general construction worker, and now owns her own 6-foot band saw.

years ago, and credits their relationship as the foun-

dation of her happiness and her art - the two are inseparable. Many artists really struggle when I ask them, "Why do you create art?" Pam's response is a wonderful affirmation of Goethe's claim that "The person born with a talent they are meant to use will find their greatest happiness in using it." She told me: "There are can. Not everybody has the freedom to be creative all day long, everyday. I am one of the fortunate ones who have been given that invaluable gift. I am free to paint, build or sculpt, with no pressure from anyone but myself. cause that's how I feel about my wonderful life. The best part about that is when someone gets it and it makes them feel good as well."

Always a doodler, Pam began her artistic career in earnest after meeting Jane's brother, who was a porcelain restorer in Belleville. Following a brief course in Pennsylvania, Pam learned how to repair, glaze and repaint classical and heirloom porcelain objects. The couple renovated a two-storey log house in Russell (40km southeast of Ottawa) and Pam ran her own restoration business out of her studio there for twelve years.

In 2004, ennui prompted Pam to ask Jane if she would be interested in "going for a weekend drive" to look at a property in Bouctouche, NB, on the Northumberland Strait. Sixty days later they began renovating their new falling-down house located on seven acres near La Dune de Bouctouche, one of the few remaining sand dunes on the northeastern coastline of North America. To support themselves, the couple built a gift shop for tourists and



She met her life partner, Jane Totten, almost 32 travelled to Toronto to a gift shop show to learn what to buy. They also operated a seaside take-out restaurant during the summers. Before moving to NB, Pam had taken six classes

> while doing a small renovation for an art teacher in Otand Europe.

tawa. She experienced acute stress when her instructor thrust a two-inch paintbrush in her hand and told her she had to learn to "move the paint around on the canvas." As a porcelain restorer, she had been painting meticulously with a miniscule brush measuring approximately 1/32 of an inch. Undaunted, Hills soon became known for her marvelous acrylic paintings of "wonky Maritime villages," brilliantly hued abstracts and fanciful wood creations, many of which can now be found in homes and businesses across Canada, the United States

Pam and Jane also bought, fixed and flipped six houses during those seven exhausting years in Bouctouche. In 2011, after a terrible summer when it rained every weekend, they headed back to the Ottawa area where Jane had a secure job waiting for her. Now living in Smiths Falls, Pam has merged her whimsical Maritime style with nostalgic elements of the railway, country life and small-town Ontario. She continues to experiment and invent, constantly exploring new media and inventing new forms of mixed media to create multidimensional pieces that defy classification. Some look like musical instruments. Some look like fish sitting on chairs or swimming in an aquarium. Right now she is working with copper and aluminum wire — we'll have to check back in a year after she learns how to weld!

Art in the Barn

Pam is an active member of the Rideau Lakes Artists Association in Westport, serving on the Art in

Imm

the Barn Committee. From July 8-10, she will be displaying and selling her art in the association's annual exhibition at the Lombardy Fairgrounds (just south of Smiths Falls on Highway 15). See <rideaulakesartists.com/event/art-barn-2016> for a preview of a wonderful event featuring over fifty local artists.

Check in at <pamhills.com> for more information regarding Pam's whimsical and highly original artworks, and to sign up for one of her Paverpol workshops. You won't be bored! Her artwork can be purchased and commissioned by contacting her studio at <info@pamhills.com>.



		.THE.HUMM .
	wно	Pam Hills
	WHAT	Visual Artist and Paverpol Instructor
	WHERE	Smiths Falls, <pamhills.com></pamhills.com>
	WHEN	July 8–10, Art in the Barn 2016, Lombardy Fairgrounds, just south of Smiths Falls on Hwy 15, <rideaulakesartists.com></rideaulakesartists.com>
	WHY	"I have been given the invaluable gift of free- dom to be creative all day long, every day."
\bigcirc	>	
7	ARTIST	TRADING·CARD·

Need 'em... need 'em... got 'em... Clip and save the Artist Trading Card!



One "Suite" Comedy!

Neil Simon's London Suite at Studio Theatre

Master playwright Neil Simon loved to tell simple, human stories that put a comic twist on everyday situations. The premise of two of his best-known comedies, Plaza Suite and California Suite, was that every hotel room has a story to tell: he simply took a variety of people and situations and brought them together under the same roof, specifically the posh and pampered environment of a high-end hotel.

Now, for the first of its two summer plays, Perth's Studio Theatre has chosen London Suite, Simon's third "suite" comedy, which tells four different tales that happen on different days in the same suite at an English Hotel. Variety really is the spice of this sparkling comedy.

The play opens with Brian (a writer) holding Billy (his agent) hostage in the suite, accusing him of embezzling all of Brian's considerable earnings. Sound tense? Don't worry, the only thing that's wicked is the humour. In a second vignette, Sharon and her daughter Lauren are on a shop-till-youdrop trip to London when Sharon meets an older man who seems interested in her. In a third story, Diana, a former actress, is in London to promote on. Performances are July 21–23, 29–30 at 7:30PM, her TV series when her ex-husband Sidney shows up to ask her for money for his gay lover. And in a final situation, Mark and Annie come to London C. Lee Bates-directed musical called Bingo Ladies, for the Wimbledon Tennis matches but lose their opening on August 18. More about Bingo Ladies lattickets, and Mark throws his back out. Things get er, but anyone who's seen a C. Lee Bates musical at even more complicated when the associate manager, Mrs. Sitgood, and the slightly zany Dr. Mc-Merlin enter the scene. These are all very human that tickets will fly out the door for this joyful show. situations, brought to life — and laughter — by the You can check out the Bingo Ladies on August 18– genius of Neil Simon.

Director David Parry has cast some of the best local actors to tell these stories, including Joanna McCauley Treffers, Jennifer Pfitzer, Janet Rice, Grey Masson and Martin Treffers — each with two in a last-act cameo.

Theatre, 63 Gore St. E. in Perth. Tickets are available in Perth for \$22 at The Book Nook (60 Gore and save \$5! Please note that curtain time is 7:30 for at the theatre!



Actors Janet Rice and Grey Masson rehearse a scene from Neil Simon's sparkling comedy London Suite, which opens at the Studio Theatre on July 21

this show, and all Studio Theatre shows from now and July 24 and 31 at 2PM.

The second Studio Theatre summer play is a the Studio Theatre (Little Women, The Musical; The Drowsy Chaperone; or 9 to 5, The Musical) knows 20, 26-27 at 7:30рм; August 21 and 28 at 2рм.

And speaking of tickets, season tickets for the Studio Theatre's 2016/2017 series of six plays are now on sale. A full six-play season pass is just \$109, a \$26 saving. And this year, snowbirds can roles — as well as Jerry Logan, plus Lucas Tennant buy a special "mini" season pass that lets you choose any four of the six plays for just \$79. For London Suite premieres on July 21 at the Studio even more savings, an Opening Night season pass lets you see all six plays on opening night for just \$79, or choose any four of the six to see on open-St. E., cash only) and at Shadowfax (67 Foster St., ing night for just \$59. Season tickets are available shadowfax.on.ca, 267-6817) which accepts credit exclusively at Shadowfax, and at the Studio Theacards and phone orders and charges a modest con- tre (63 Gore St. E.) on Saturday mornings from venience fee. Tickets are \$24 at the door, where stu- 10AM until noon. For all show and ticket infordents with ID pay just \$10. Attend opening night mation, visit <studiotheatreperth.com>. See you



UNBOUND

Sue Adams Adrienne Dagg Marcus Kucey Jones David Kearn

July 22 - Aug 28, 2016

Vernissage/Meet the Artists: Sunday July 24, 2pm-5pm

<u>Sivarulrasa Gallery</u> 83 Little Bridge St, Almonte 613.256.8033 www.sivarulrasa.com



www.thehumm.com

July 2016

I Love the Night Life

Living in a northern climate as we do, we Canadians are **Stewart Park July 14–17** vigour that is... let's say, bewildering to our friends living in more temperate places. What they don't know is that one of the secrets to surviving winter is wringing every last drop out of summer. Patios, cottages, and, best of all, long days when the sun doesn't set until after 9рм. We absorb that solar and social energy and use it to fuel our way through -40°C with a wind chill and 5PM sunsets.

by Rob Riendeau

Festival organizers, well aware of our need to stay up way past our usual bedtimes, are happy to oblige by adding "after hours" shows to their offerings. After all, what's better than spending a long summer day enjoying music, food, and festivities? A night of doing the same! With that in mind, here's a guick roundup of what's happening musically after hours this month.

Almonte Fair July 15–17

The Almonte Fair has a long tradition of featuring fine musicians as part of the festivities. This year, organizers are taking a bit of a departure from the usual focus on country music in the hopes of attracting a more diverse audience. It all starts with a showcase featuring the winners of the recent Almonte's Got Talent competition on Friday at 6:30PM on the grandstand. And then, after the demolition derby at 7:30, country music fans can head to the entertainment pavilion to are in more of a listening mood, hear **The Derringer Band**, while the teens in the crowd can boogie off to the fairground's big red barn for an **Electro Teen Dance**.

On Saturday evening, the entertainment pavilion will host a live music showcase. Leading off the evening is Adult Children <adultchildren.bandcamp.com>, a talented duo, each with extensive musical pedigrees, who have created a kind of electronic dance music based on traditional forms. Fiddle and banjo are layered over looped percussion and delivered with a wry sense of humour and great showmanship. I am really looking forward to seeing this band live. Rounding out the evening are perennial favourites the **Ramblin' Valley Band** and the **Riq Turner Band**. All in all it sounds like a fantastic night.

The theme for Sunday afternoon is "music by the Mississippi", and the line-up is definitely going to attract music lovers out to spend an afternoon on the banks of the river listening to great tunes. Things get off to a lively start with the hardest working band in the Ottawa Valley: the Jimmy Tri-Tone Band at 1PM. At 2PM, Kingston's The Wilderness takes the stage with their energetic indie folk/rock. Ottawa's **Ilvekyo** go on at 3PM with their infectious brand of acoustic folk/pop. Ending off the afternoon will be consummate rocker **Rick** Knowles at 4PM. That's quite an impressive line-up!

famous for embracing the cold, short days of winter with a It's no secret, that for 25 years now, the Stewart Park Festival has been bringing amazing talent to the stages of Perth's Stewart Park. What is perhaps slightly less well-known is that after the shows shut down in the park, the party continues at several after-hours spots around town. Those who did not get their fill of dancing done during the day on Friday can head to the Crystal Palace to get down to the sounds of The Sox, or stroll over to the Perth Legion and two-step to Arlene Quinn at 9PM followed by the masters of the telecaster, Steve Pittico and Wendell Ferguson, at 11. If your dancing shoes are worn out, grab a seat at the Studio Theatre where Next Generation Leahy plays at 9PM and then **The Ennis Sisters** come on at 11PM — or you can drop into the Perth Tea Room and catch the Santa Rosa Project, featuring the incredible voice of Betsayda Machado, at 9PM, followed by the unparalleled musical force of **Còig** at 11.

On Saturday, the nights are similarly full. Dancers are encouraged to fill the floor at the Crys-

tal Palace for the Jimi Hendrix of the harmonica, Carlos Del Junco, at 9PM, and the Latin energy of **Bombolessé** at 11. Over at the Perth Legion, you can kick up your heels with Laura Cortese and the Dance Cards at 9рм, followed by violin superstar Jaron Freeman-Fox at 11. If you the Studio Theatre offers the delightful Steve Poltz at 9PM and the powerful troubadour Irish Mythen at 11. At the Perth Tea Room, listeners can spend an intimate evening with the **Slocan** Ramblers and Daniel Champagne. Whew!

Welcome to the M₃ Eatery

Just one of the many performers who will play after hours at the Stewart Park Festival..

I was delighted when a call came in to theHumm office letting us know about a new live music venue: the M3 Eatery in Arnprior. Normally open for breakfast and lunch, Melissa Mosher will open her restaurant late for a couple of live music events each month. This month, you can catch Peter Newsom backed by Ken Orenstein and Bill Serson on July 15, and Peter Brown on July 29. Doors open at 7:30 for both shows and tickets are \$5. M3 Eatery is located in Suite 106, 16 Edward Street in Arnprior. Check them out at <Facebook.com/M3Eatery>.

in the town we love.

Grene Go.





Up to 60% off

other

40%

OFF

all

OBBINS

Midsummer HERBEREST Sunday, July 31, 9AM to 5PM (rain or shine) NEW LOCATION: Waba Cottage Museum 24 Museum Road, White Lake, ON

Demonstrations Vendors Live Entertainment

Admission: Adults \$2, children under 12 free, families \$5 available in advance from The McNab/Braeside office 2508 Russett Dr., Arnprior or at the gate

Info: 613-623-8853

Renfrew

Arnprior

00

Almonte

13

to Ottawa



A New Home for Herbfest Annual Event Moves to White Lake for 2016

Area herb enthusiasts who have enjoyed the annu- terest in herbs during the last twenty years, and at al Midsummer Herbfest for the past two decades the same time have supported local family busiwill be delighted to hear that the event has found a new home. And lovers of the gorgeous grounds at The Herb Garden (where Herbfest has traditionally taken place) will be happy to hear that its new digs are similarly stunning — it will take place on in a constant flow of new local musicians, dancers the grounds of the Waba Cottage Museum and Gardens on the shores of beautiful White Lake. As local brewers, including the Ashton Brewing Comalways, the date is the last Sunday in July, and the pany and Beau's Brewery. This year, the Carp Farm-

event will take place rain or shine. As this is a brand new venue, organizers are actually lowering the cost of admission this year — it will be \$2 per person or \$5 per family at the gate. Herbfest aficionados and newcomers alike will appreciate this year's line-up of demos and vendors celebrating all things herbal, as well as the live entertainment. And the new venue brings its own special history: "An unstop-

pable Scottish clan chief ruled the roost here for treats at this first annual event at the new location. almost twenty years. Today, you are invited to visit They welcome past clients and herb lovers from far five buildings of historical note and eight acres of gardens on a beautiful lakeside setting."

Gerry and George Bedard, owners of Herbfest's them for their support over the years. former home The Herb Garden, write: "We are happy to report that the mission statements for The Herb Garden and the non-profit Ottawa Valley Herb Association (OVHA) have been overwhelmingly successful. Both ventures have increased in-

nesses and farms, and small- to medium-sized enterprises. The Midsummer Herbfest has also supported local chefs and restaurants with the popular Chef Cook-Off, and supported the arts by bringing and entertainers. We opened the Herbfest doors to



ers' Market initiated their own Carp Herb Festival in June. But most gratifying for us is that the Midsummer Herbfest will be moving to the beautiful Waba Museum and Gardens on White Lake. This move was unanimously approved by the McNab/Braeside Mayor and Council and the executive of OVHA."

George and Gerry are excited to bring all visitors special herbal

and wide to visit their booth at Midsummer Herbfest on White Lake to say hello, and they thank

This year's Midsummer Herbfest takes place on Sunday, July 31 from 10AM to 5PM, rain or shine, at the Waba Cottage Museum, located at 24 Museum Road in White Lake. For more information, call 623-8853 or email <info@mcnabbraeside.com>.



Now open in Carleton Place chesswood



resto + bar tuesday-wednesday 3-10 thursday-saturday 3-11 151 bridge st. www.chesswoodcp.ca 613.492.4377

Pick up theHumm in Carleton Place at CHESSWOOD!



July 21, 22, 23, 29 & 30 at 7:30* pm July 24 & 31 at 2:00 pm 2016

See our article in this edition or visit www.studiotheatreperth.com for details

> The Studio Theatre 63 Gore Street East. Perth Overlooking the Tay Bazin www.*s*tudiotheatreperth.com



7

www.thehumm.com

30

Humm Bits

Strawberries at the Schoolhouse

Strawberries, cream, and a visit to the historic schoolhouse at 270 Cedar Hill Road — what a perfect summer outing! The Friends of the Cedar Hill Schoolhouse welcome you to their annual strawberry social on Sunday, July 3 from 1 to 4PM, where \$6 per person gets you local strawberries, whipped or ice cream, cake (gluten-free optional), and refreshments.

New this year: take home your favourite floral arrangement! Organizers are offering a special sale of flowers fresh from the lovely Donaldson Gardens (a long-time highlight at the Carp Farmers' Market) in vintage vases. In fact, plan to spend some extra time to tour the gardens, too — they are located just down the road from the Schoolhouse.

The Schoolhouse was built in 1874, and remains a cherished part of Cedar Hill and Mississippi Mills history. Part mini-museum, part community centre, the Schoolhouse has many interesting photos and items of interest on display. Did you know the Union Jack flag on display inside the schoolhouse was the last Jack to fly on Parliament Hill?

All Friends of Cedar Hill Schoolhouse events, including the spring and fall euchre evenings, are fundraisers to assist with the preservation of this heritage-designated structure. Over the years the Friends and generous supporters have helped with many projects - from roofing, to windows, to washroom facilities. Their current focus is on raising funds to support the restoration of the exterior of the building. For more details, please call 256–2830.

Summer Fun for Youth in Almonte

This summer, the Mississippi Mills Youth Centre is holding a Youth Day Camp for ages ten and up. The camp runs from July 4 to September 2, and the cost is \$75 per week or \$15 per day (subsidies are possible). Activities include swimming, soccer, disc golf, archery, lawn bowling, painting, pottery, weaving, gardening, cooking with local celebrities, group challenges, random acts of kindness, intergenerational programs and much more! Field trips will be taken off-site on Wednesdays and include visits to the Brockville Aquatarium, High Lonesome Nature Reserve, Mont Cascades water park, Blueberry Mountain and Wolfe Island Beach. To register or volunteer, please call 256–1712 x10.

RBC Blue Water Project Subsidies

The Water Management and Wetland Restoration Course (WMWRC) has been running for twenty years now, and the 2016 training course will be held in Ottawa on October 4–7. It is an intensive four-day course held in the classroom and in the field. Students learn by visiting and studying drained and functional wetlands throughout Eastern Ontario. Participants will study the basic principles of water conservation and wetland restoration through case studies, field exercises and group work.

On June 2, Mississippi Valley Conservation, on behalf of the WMWRC organizing committee, received \$10,000 from the Royal Bank of Canada (RBC) through their RBC Blue Water Project. The funding is to sponsor up to five workshop spaces for underserved non-profit small budgeted NGOs, community groups or First Nations groups that haven't been able to participate in the course due to lack of funds. Preference will be given to groups that are looking to implement the knowledge learned on a wetland restoration project right away.

To find out if you may qualify for a funding subsidy, please email <michael.yee@rvca.ca>. To register for the course or for more information about the course, please see: <wmwrc.ca>. More information on the RBC Blue Water Project can be found at <rbc.com/community-sustainability>.

Mudds Youth Auditions

Auditions for the October 2016 Mudds Youth Theatre production of William Shakespeare's King Lear, directed by Mark Piper, will be held at the Carleton Place Town Hall on Saturday, July 9, from 1PM to 3PM. They are looking for talented actors aged 12 to 17, but roles are also available for ages 9 to 11, and they will consider older actors under special circumstances. You will be asked to read a short piece of text for the director.

Questions? Send an email to <info@mississippimudds.ca>. If you want to audition but your scheduling will not permit you to attend on July 9, please contact them — they can schedule another audition time, and may be able to make other accommodations to suit special circumstances.

Why Alpaca 101?

Robert and I are often asked what it was that moved us to get into the alpaca business. Back in 2001, when we purchased our first five females, the answer would have been a lot different than the reason why we would pursue an alpaca life today.

In the early stages of our research, we found information about owning alpacas very limited. We were fortunate to have caring mentors who aided and guided us. We knew we had a lot to learn, but we welcomed the challenges. We know that, like ourselves, the majority of alpaca farmers getting into the business are new to livestock farming. It didn't take much for us to realize that educating people makes them better and happier alpaca owners, better capable of making informed decisions.

As with any business, there are many influences that affect the Canadian alpaca industry. It is affected by national and global industries and economies, just like any business. Strong, positive, knowledgeable people thrive in business. In order to move forward in any business, you don't get great by selling off the best herdsire. On the contrary, we acquire a new one to improve the herd and take the business to the next level.

Within the alpaca community, it is the individual farms that will make a difference in the industry; both on the farm (and in our lives) and across the nation they are one measure of success. Furthermore, individual farms work together to share information and skills and expertise to ensure the industry in Canada remains successful. This is our belief, and the reason we annually offer our Alpaca 101 course to people who want to discover more about these wonderful animals.



Discover more about these fascinating and fibre-producing animals at Silent Valley Alpaca's event on August 6

We have surrounded our- nity and develop our skills and and inspiring people. These very individuals are the guest speakers at Alpaca 101. They are: Hans Brauer and Colleen Millen Brauer, Shannon Cassidy Rouleau and Chris Rouleau, Karen and Randy Moore, and ourselves, Hanne and Robert Quigley. These facilitators are owners and breeders who have made a difference in the alpaca business. They actively participate in and contribute their skills at shows, related associations and courses involving alpacas, fleece and products. To us they are friends we have had the good fortune to meet because of our common interest — just one more perk of alpaca ranching.

The founder of McDonalds, Ray Kroc, said: "none of us is as good as all of us". Kroc was right each other is the best way to us at 479–0307. strengthen our alpaca commu- - Hanne Quigley

selves with educated, positive knowledge. By spending one day with eight owners, you'll learn a great deal about what it's like to care for and live with alpacas. You will be working hands-on with the animals, haltering and handling and walking them. You will find out what their basic needs are, as well as breeding practices, fibre education, show animals verses fibre animals, and setting up your ranch. Alpaca 101 also provides the opportunity to form great relationships and acquire lots of knowledge so that you can feel confident and make informed decisions concerning what role alpacas might play in your life.

You can join us for an exciting, educational day at Silent Valley for our annual Alpaca 101 on August 6 from 9:30ам to 4рм. Find out more and register — we know that learning from _at <silentvalleyalpaca.ca> or call



July 2016

ALMONTE FAIR Music on the Mississippi in the Entertainment Pavillion

Saturday (19+) **8PM** Adult Children Ramblin' Valley Band 2PM 9pm 11pm **Riq Turner Band**

Sunday (All ages) Jimmy Tri-Tone Band 1pm The Wilderness Ilvekyo 3pm **Rick Knowles** 4рм

July 15, 16 & 17 www.almontefair.ca

S **Ore**_{to} there If you are asking this guestion, or know someone who is,

then you are invited to join our Alpha Course. First meeting: 7PM (Supper), Wednesday July 6, then every Wednesday at 7PM through September 21. Please RSVP to info@wocc.ca. Visit www.wocc.ca for more info.

West Ottawa Community Church 3123 Carp Road, Carp

Pick up theHumm in Almonte at EQUATOR COFFEE

Your exclusive source for Almonte/Mississippi Mills Collector Tokens & Medals Puppets Up! 10th Anniversary Coir

Naismith Commemorative \$4 Token

2012 World Broomball Championship Official Souvenir Medal Alliance Coin & Banknote "Where the World's Coins Are Bought & Sold" 88 Mill Street, Almonte 613-256-6785 www.alliancecoin.com

THE OTTAWA VALLEY MUSIC FESTIVAL Peter Morris, Artistic Director Presents Quintet 3:00 pm Sunday, August 7, 201 Grace St. Andrews United Church 269 John St.N., Ar nprior Adults \$25 Young Adults (under 30) \$10 Students (with ID) \$5 valle Kids 12 and under Free TICKETS AVAILABLE AT THE DOOR, at www.ottawavalleymusicfestival.ca, or CALL 613-649-2429 w.ottawavalleymusicfestival.ca

Making Education Possible — One Coffee Bean at a Time!

"Giving back" has been a cornerstone of Equator Coffee Roasters since 1998, when Craig and Amber Hall first opened shop. Since then, the familyowned, Almonte-based company has practiced and promoted fairer and better trading practices in an industry fraught with injustice and exploitation. Importing organic coffee beans directly from small-scale coffee producer cooperatives has allowed them to take Fairtrade coffee — and quality — to a whole other level. But for Craig and Amber, building a business on more sustainable practices for importing and roasting coffee wasn't enough. Their hope was to boost the impact of their coffee purchases and discover more ways to serve communities in the Global South. That's when they heard of SchoolBOX.

A Match Made in Heaven

Sometimes the simplest connections become the strongest. Years of using Equator's café as a mobile office had allowed SchoolBOX founder Tom and the coffee, quite well. Tom founded School-BOX in 2006 in order to "make education possible" communities, starting with Almonte. Needless to say, this was right up Equator's alley.

In 2010, Equator Coffee Roasters and School-BOX turned their informal connection into a formal partnership by channelling ten cents of every pound sold towards SchoolBOX's projects in Nicaragua. Despite what seems like a small per-purchase contribution, the sum total quarter-by-quarter ends up producing an enormous impact: within six years, Equator and its loyal customers raised over \$80,000 just from coffee sales! It has been an inspiring and humbling experience for Equator... and a lesson in how to bring about change in a simple but determined, dedicated way.

The Coffee School

What does \$80,000 get in educational supplies? To date, the funds raised through Equator's coffee sales have supported over 12,000 students by providing them with educational packages in order for them to go to school. And, in May 2013, the first "Equator School" was built in the coffee community where Equator's trading partners are located.

Once the funds were there, SchoolBOX set school to enable local children to stay in school through sixth grade and beyond. With a library, a real difference to local people. Prior to the Equator school being built, children in the community into an oven in the dry season and a sieve during Together, we can all make a difference.



This team of SchoolBOX volunteers took a quick photo break from digging holes and building the rebar for foundation posts. You are invited to volunteer to help build another school in Nicaragua this coming November!

Affleck to get to know Equator, Craig and Amber, the rainy season — impossible conditions in which to learn.

In 2013, Equator gathered staff and community for kids in Nicaragua by providing school supplies members and headed down to Nicaragua to "get and building schools with funds raised in Canadian their hands dirty" and learn first-hand what schoolbuilding — and by extension, community-building - was all about. With tired hands, sunburned necks, and hearts full of joy and gratitude, everyone's eyes were opened to the immense need and gracious hospitality of the community. The team left Nicaragua with even greater determination to strengthen and multiply the impact of coffee purchases!

Equator School – Round Two

Whether you know it or not, every time you purchase Equator coffee you take part in building schools and providing education for kids in Nicaragua. Every dollar raised for SchoolBOX by Equator Coffee Roasters has been the direct result of the customers' choice to buy Equator coffee (in a bag for home use or in a cup at the café.)

But why stop there? Your support and involvement can go far beyond coffee! In November 2016, a second school funded by coffee purchases is slated to be built in coffee lands. And you're invited to come along! Equator Coffee Roasters and SchoolBOX encourage community members no matter how well-seasoned or "unseasoned" a traveller you may be! — to join the trip and be forto work doing what they do best: building a new ever changed by the experience. Find out more at <www.schoolbox.ca>.

With continued support from the community ventilation, and sanitary lavatory conditions, this and coffee consumers, Equator Coffee Roasters and school, like each one SchoolBOX builds, is making SchoolBOX are able to leverage the funds for education in Nicaragua. Neither Equator nor School-BOX could "make education possible" without the of Jalapa studied in a tiny adobe hut that turned generosity of Canadian communities like Almonte.

9



Summertime, and the Livin' is Tuneful!

Don't you find that things are easier when everyone pitches in? Even made it through the gates of heaven!" Both the dinif there are only four Wednesdays this July, the crew is pouring their hearts into this year's "5 Wednesdays in July" free music concerts in Almonte's Augusta Street Park. Now in its fourth year, this little neighbourhood park "happening" is the place to break the back of each July work week. What's not to like about chillin' with your neighbours at a free concert in the park with the best musical talent around? We are blessed with great local musicians who understand that "5 Wednesdays" is all about breaking down barriers so everyone can join in. All share their talent for this series.

A key element each night is dinner. The first and third nights feature Civitan BBQs so you can take a night off from cooking, and the second and fourth are community potlucks where you can share a favoured dish (remember to bring your own dishes, cutlery and cup). There's a great old saying that goes: "When you eat outside, bread and butter taste like cake!" At 5 Wednesdays in July, "When you share a community potluck outside in the park and there's live music, you've



Fans of the Ramblin' Valley Band have lots to celebrate in July: they play "Five Wednesdays in July" at Augusta Street Park on the 13th, and the Almonte Fair on the 16th!



ners and the opening acts start at 6PM.

July 6 features Lanark's "Queen of Country" Arlene Quinn, with openers Johnny Spinks, Earl Mousseau and Gord St. Aubin. Having shared the stage with the likes of Kenny Rogers, Loretta Lynn, Tammy Wynette, the Family Brown and Blue Rodeo, Arlene is sure to get things off to a fantastic start!

July 13 sees local favourites Jennifer Noxon and Brendan Gawn open for the Ramblin' Valley **Band**. The Folkus website suggests of Jennifer and Brendan that "listening to them play is like being invited to the best of kitchen parties." The RVB play over 150 shows a year and have been chosen to play Ottawa Bluesfest this summer. From the Bluesfest website: "The Ramblin' Valley Band cooks up flavourful jams mixing blues, funk, jazz, country, bluegrass and rock 'n' roll into one sweet spread." their help in rebuilding Augusta's basketball court. with Disabilities), Jim Naismith (Dr. James' grandbe in attendance.

(bass, keys, mandolin) to the stage as the **Jimmy** Tri-Tone Band. They will have finished their East joining us in the park. Joining them that evening is Redneck Limousine, self-described as "a ground roots blues band performing original and classic (with a twist) blues! We're based out of the Ottawa Valley... love what we do... and have a pile of fun Street Park on Facebook. See you in the park! doing it! Lookin' forward to sharing good times!"



Catch the Ragged Flowers at Augusta Street Park on Wednesday, July 27

On July 27 the final concert this season opens with Almonte's great cover band Judge a Book. They describe their influences as Van Morrison, Blue Rodeo, Leonard Cohen, Jann Arden, Great This night we also offer thanks to NBA Canada for Big Sea, Traveling Wilburys, Neil Young, Dr. Hook, Beatles, CCR, the Bee Gees, Springsteen, Santana, Carla Qualtrough (Minister of Sport and Persons Katy Perry, Cindi Lauper, Stan Rogers and many more! Taking the season home are The Ragged son), and Jonathan Chang of NBA Canada will all Flowers. As their website explains, "from diverse musical paths, The Ragged Flowers have a line-up July 20 brings Almonte duo James Walters as unique as their music! All told, five distinct voic-(vocals, guitar, percussion) and Randelle Ashley es, poetic words, fiery rhythms, stirring melodies, tight arrangements, and adventurous song-writing — a brilliant, folklectic garden of music." The band Coast tour and a gig at Ottawa Bluesfest before includes drummer and pianist Ian Douglas, vocalist and rhythm guitarist Steve Reside, bassist Rob Riendeau, guitar and ukulele player Nathan Sloniowski, and Canadian guitar guru Terry Tufts.

For more details, check out Friends of Augusta - Jeff Mills

Music and More at the Almonte Fair

This year a re-invigorated Almonte Fair runs from to 5PM features the Jimmy Tri-Tone Band, The Wil-Friday to Sunday, July 15 to 17. The theme is "Ag derness, Ilvekyo and Rick Knowles. Days by the Mississippi", and there will be some major changes in the layout of the grounds and the day night at 7:30PM, and another new feature is the type of music, as well as a major focus on families Lawn Tractor Pull at 3PM on Saturday. Also on Satand teenagers.

The "Big Red Barn" will focus on children and youth activities. Friday night features an Electro Teen Dance, and on Saturday it's a Kid Zone with a children's entertainment stage, Little Ray's Reptile Show, Team A&J, Spin Cycle, and Princess Meet in the main hall will all be on the lower level for and Greets. Sunday brings a "Conquer the Concrete — Ride the Red Barn" event, at which the Almonte Skate Park Project will provide a number of obstacles and ramps for everyone to try out. Another special Sunday treat is Storytime with Elsa ery as well. The popular displays of farm animals from Frozen.

A new and larger midway by Carter Shows promises more rides this year, with several geared to older children. This midway is based in Eastern Ontario, and received rave reviews from fairs that used them last year. Advance vouchers that save you \$5 per day are available at Levi Home Hardware, Carlson-Wagonlit, the Clayton General Store and Nicholson's in Pakenham.

Music, Machinery & Chainsaw Carving!

"Music on the Mississippi" is the newest addition to the Almonte Fair, showcasing local and nationally-recognized talented musicians set against the backdrop of the Mississippi River. In the Entertainment Tent on Friday is the Derringers Band; Saturday brings Adult Children, the Ramblin' Valley joy it. For more information, visit <almontefair.ca> Band and the Rig Turner Band; Sunday from 1PM or follow them on Facebook.

The popular Demolition Derby returns on Friurday, the Cornerstone Church returns with Family Fun and a gospel band in a tent near the Ag Hall.

Sunday's new feature is a Chainsaw Carver, who will be demonstrating his skills all day next to the grandstand. Throughout the weekend, the exhibits increased accessibility and cooler viewing, in case we have another hot July.

The ring for the heavy horse show on Sunday will be moved a bit to allow a display of farm machinand educational exhibits about farming will be in a tent closer to the upper entrance near the Ag Hall. The livestock shows of dairy, sheep, light horses, pigeons are on Saturday, and the heavy horse and beef are on Sunday. Check out the prize book online to see which categories appeal to you: produce, flowers, needlecraft, preserves, baking, photography, woodworking... And there are special categories for youth as well. All entries must be in the hands of the Secretary no later than July 14 at 10pm.

Along with the regular vendors of food on the midway, the fair board volunteers plan to operate a "Snack Shack" under the grandstand. Speaking of volunteers, a great deal of time and effort has gone into producing a new focus for this year's fair, so organizers hope that everyone will come out to en-

Summer Fun in Almonte & Pakenham

Mills have it all going on over the weekend — there's also lots to do during the week for all ages! On Wednesday nights, for instance, everyone is invited to Augusta Street Park in Almonte (home of a new world-class basketball court, thanks to the NBA and communi-

by Miss Mills, Puppet Reporter

ty partners) for the annual 5 Wednesdays in July evening concerts. Yes, I counted too and there are only four Wednesdays this year, so organizers have packed five nights of awesome live music into just four evenings for you — you're welcome! To make the most of the beautiful summer evenings, things kick off at 6PM with a Civitan BBQ (on July 6 and 20) or a community potluck (on July 13 and 27), and music starts at 6РМ. Bring your kids, bring your parents, or come by yourself and enjoy the communal vibe (but do bring a plate, cup and cutlery, and a lawn chair for comfort). For details about the line-up, see the article on this spread.

Special Summer Markets

There are two special Thursdays in July to take note of as well. On Thursday, July 7, Almonte Fair & Celtfest too! from 6 to 10PM, Carriageway Studios (an After the awesome Canada Day (and Canartist-run event space in downtown Almonte) is launching its **Summer Night** Market. Amanda Sears and Rick Herrera

School's out for summer! Fortu- of North Market will be selling some of fore Almonte Celtfest takes nately, not only does Mississippi their delicious food, and there will also over Gemmill Park - and be a bar serving beer and summer cocktails. Vendors will have art, handmade goods, kombucha and gluten-free baking on hand, and artisans will be doing demonstrations. There will be entertainment, space to sit and enjoy the scene, and it's family-friendly. Find out more at <carriagewaystudios.ca>. This market will complement the fantastic Almonte Farmer's Market held each Saturday morning by the library.

Then on Thursday, July 14, merchants on Mill Street in Almonte are planning a Summer Street Market from 5PM to 9рм. Shops will be offering some in-store specials and giveaways, as well as spilling out onto the street with merchandise and demos. There will even be some live music, so come on out and enjoy Mill Street in the summer!

On these and all the other days of the week, everyone can enjoy the many lovely shops, restaurants, museums, art galleries and studios, and gorgeous parks that Mississippi Mills has to offer. If you are looking for something to keep kids busy, check out **art programs** at J.B. Arts <jbarts.ca> or the Almonte Potters Guild <almontepottersguild.com>.

ada Day Eve) celebrations in Almonte and Pakenham <exploremississippimills.ca>, there's barely time to catch your breath be-

parts of downtown Almonte from July 8–10. This year's 20th anniversary line-up includes headliners Le Vent du Nord, Còig, Riverthieves, and Vishtèn, as well as local favourites The Ryan Brothers, Louis Schryer & Erin Leahy, Kelly Sloan, and the Monday Night Fiddlers. For more about the performers and the wonderful festival itself, see the insert in this issue of theHumm!

The very next weekend, the 158th iteration of the Almonte Fair comes to the fairgrounds along the banks of the lovely Mississippi River. It will feature all the usual perks — midway, livestock shows, homecraft displays as well as a high-energy line-

blin' Valley Band, Adult Children, the Riq Turner Band, Rick Knowles, The Wilderness, Ilvekyo and the Jimmy Tri-Tone Band. The Fair takes place from July 15–17, and you can find out more by reading the article on this spread or visiting <almontefair.ca>.

And there's more good news for August: in addition to the weekend extravaganzas that are **Puppets Up!** <puppetsup.ca>, the **Highland Games** <almontehighlandgames.com>, and the



Snapshot of an Almonte summer: the above shot was taken at the community potluck that kicked off Mississippi Mills Bicycle Month in June. In it are local musicians George Turcotte (on the bike) and Brendan Gawn (who will play Augusta Street Park on July 13), as well as the mascots for Celtfest (July 8-10) and

Puppets Up! (August 5-7). Whew!

up of live entertainment featuring the Ram- **Pakenham Fair**<exploremississippimills.ca>, the Town is also planning to show **Movies** Under the Stars throughout the month on Thursday evenings at dusk. They will move around between Almonte and Pakenham, and all will be family-friendly, so call 256-1077 for more details (or if you want to volunteer to help out!).

Looking ahead to September, the Mississippi Valley Textile Museum is gearing up for **Fibrefest** — find out more at their newly redesigned website: <mvtm.ca>.

11

Having trouble with your PC, tablet, or phone?

Affordable repairs, support, and training. Friendly, knowledgable, and local.

Serving happy clients in:







Contact us today for a free estimate! hollowaysupport.com 613-256-5755







12

Ducks, Music, Theatre and More! A good duck race can make any-

one happy. That's why one of my favourite things about July in Perth is the annual Great Tay Duck Race.

That it's an annual event is a testament to its awesomeness, and this year's Duck Race - the 16th annual! — will take place on Sunday, July 17 at the Stewart Park Festival. Really the only

by John Pigeau

thing that could make this event better, I think, is if you could enter your own real duck. Sadly, you can't. But you can purchase a plastic duck, or two, or three, or ten (that's the maximum) from the good folks at YAK Youth Services in Perth, the organizers of the race.

Five bucks gets you one duck in the race, \$45 gets you ten ducks. I recommend naming them after your favourite celebrities. So at 2PM on the 17th, when all 2,000 ducks get dumped in the Tay and get racing, you can run alongside your entries yelling out things like, "You got this thing, Tina Fey!" or "Show 'em how it's done, Cumberbatch!" Do you see why I love duck races? Anyhow, you can buy tickets at YAK headquarters — at 1 Sherbrooke Street East in the Old Perth Shoe Factory — and the YAK pit crew will also have tickets available at Brownlee's Metro, Barnabe's Independent Grocer and at Canadian Tire in Perth at various times throughout the week until Race Day.

This year's prizes, too, are superb. If your duck is the first to cross the finish line, you will be the proud new owner of a fabulously crafted 12 x 16 Garden Studio Shed worth \$5,000 and built by Algonquin College's Advanced Housing Class of 2016. There are cash prizes for second and third place ducks (\$300 and \$200 respectively) plus more prizes and gift baskets for runners-up. There will also be random draws. There's even a prize for the last duck across the finish line. "Way to go, Kathy Griffin!"

Money raised by YAK's Great Tay Duck Race is used to fund some of the programs that YAK offers free to all youth ten years and up, such as Healthy Living and Recreation, Summer Camps, Homeless Youth Support, Financial Literacy, Peer Mentoring and Art Therapy. For more information about these programs please contact Sara Fortin, Summer Events Coordinator by email <YAKstaff@gmail.com> or by calling 264-8381.

that weekend, of course, from July 14 to 17, best actors, including Jennifer Pfitzer, Jaand the line-up this year is terrific. For net Rice, Joanna McCauley Treffers, Grey much more information, including a full Masson and Martin Treffers — each with list of performers (Steve Poltz, The Ennis dual roles — Jerry Logan and, in a last-act Sisters, The Next Generation Leahy, The cameo, Lucas Tennant. Slocan Ramblers, and so on) and a schedule of events and workshops, please visit <stewartparkfestival.com>. It's four free days of music in a majestic park, so bring a comfy lawn chair and enjoy the music!

There might not be any ducks involved, but Perth's Blast from the Past Home-



This stunning garden studio shed, built and donated by Algonquin College Perth's Advanced Housing Class of 2016, is first prize in YAK's Great Tay Duck Race!

coming Weekend sure does sound like a whole lot of fun. This 3-day summer celebration of Perth's 200th anniversary takes place over the July 22–24 weekend at the Perth Fairgrounds, and features a spectacular BBQ block party which will include scrumptious ribs served up by professional ribbers, a beer garden highlighting local microbreweries, Friday fireworks and a night-shirt parade, an antique car show, a stone carver's festival, children's activities, and live music by some amazing local acts, including Brea Lawrenson, the Riq Turner Band, and Peter Woods, as well as an all-star country line-up. Learn much,

much more at <perth200.ca>. From July 8 to 10, for one weekend only, BarnDoor Productions presents The Great Perth Temperance Soirée, an evening of harmony, comedy and sobriety by Janet Coward. Drawn word-forword from the pages of The Perth Courier from 1834 to about 1900, the play, full of fun and music, tells the story of the antidrinking movement in Perth. Above all, it's an entertaining glimpse into Perth's fascinating history. Show times on July 8 and 9 are at 7:30pm, while the July 10 show is at 1:30рм. Reserve your tickets by calling the Full Circle Theatre at 267–1884.

You won't need to reserve anything to hear the Perth Citizens' Band on July 7 and 21 at the Town Hall Bandstand. All you really need is a lawn chair to enjoy a lovely performance by the band. They play both nights at 7:30pm.

Also on July 21, the Studio Theatre premieres the first of its two summer plays, Neil Simon's London Suite. Simon's sparkling comedy tells four different tales that happen on different days in the same suite at a posh English hotel. Studio Theatre's production will be directed by David Par-The Stewart Park Festival takes place ry, and the cast includes some of the area's

The show opens July 21 at the Studio Theatre, 63 Gore Street East. Tickets are \$22 in advance and available at Shadowfax and the Book Nook, or \$24 at the door, with students paying \$10. For more information, you can contact the Studio Theatre at 267-7469. Curtain time is 7:30рм.

P

Perth's Homecoming Celebrations

The Town of Perth's **Blast from the Past** Homecoming Weekend will be a threeday celebration honouring the area's 200th anniversary. It's the big weekend we've all been waiting for, and it's now coming to life.

For anyone who suffers from FOMO (the fear of missing out), you're going to need to put together a well-timed schedule! With that in mind, here is a general schedule of events to help you decide how you wish to spend your time celebrating.

Friday, July 22

The celebrations will launch with the opening of the **BBQ Block Party** at the Perth Fairgrounds. Running all weekend, the BBQ Block Party will feature rib vendors, food vendors, live entertainment, children's activities and car shows. The gates open at 11AM and close at 10PM, Friday evening. You can learn more at <bbgblockparty.com>.

The long-standing tradition of the classic Nightshirt Parade will take place at dian Dry Stone Festival will be taking the Perth Fairgrounds at 9:30pm. It's exactly as it sounds: you dress up in your pajamas (PG-rated, please!), clutch your Teddy Bears, put on a nightcap and take part in a long-loved tradition. You'll follow the Perth Town Crier through a parade and children's activities. Learn more at route around the Fairgrounds.

Following the Nightshirt Parade, a the Fairgrounds at about 9:45PM. Hosted by the Perth Firefighters' Association, the fireworks will officially launch the weekend celebrations!

Saturday, July 23

The Homecoming Weekend parade will run through town beginning at 10AM, and its theme is the **Good Ol' Days Parade**. It will run from Sunset Blvd, down Wilson Street to Foster, and wrap up at the Town BBQ. Hall (on Gore Street). There will be pipes and drums, a cadet band, old fire trucks and more taking part. Anyone is welcome to register for the parade, and can get more information at <perth200.ca>.

The **Opening Ceremonies** will take place in Stewart Park immediately following the parade. Dignitaries will be welcomed, and there will be speeches



There's a free concert for kids by Splash'N Boots on Saturday, July 23



The Blue Rodeo concert might be sold out, but there's still tons to do over Perth's Blast from the Past Homecoming Weekend from July 22-24

by sister city representatives from Perth (Scotland) and Asago City (Japan)!

The **Military Tattoo** — with bands and highland dancers — is going to be a weekend highlight. This public show, which is free of charge, will take place in Stewart Park for an hour following the Opening and live entertainment starts at 6PM on Ceremonies. After the tattoo, dine at a downtown restaurant, or head over to the BBQ Block Party for lunch.

Throughout the weekend, the Canaplace at the former outdoor pool pad in Stewart Park. Participants will be crafting a custom-made dry stone bridge as part of the town's Legacy project. Throughout the weekend, they'll be hosting workshops <drystonecanada.com>.

Also on Saturday, a free Splash'N **Fireworks Show** can be watched from **Boots concert** will take place at the BBQ Block Party at 1PM (entry by donation). The Juno-nominated children's entertainment duo includes Perth native Taes Leavitt, who is thrilled to come home and help celebrate the town's bicentennial!

> The sold-out **Blue Rodeo** concert is at 8PM at the Perth Fairgrounds, with gates opening at 6PM. It's on the other side of the Fairgrounds from the BBQ Block Party, and everyone is welcome to attend the

Sunday, July 24

An **Ecumenical Service**, run by the Perth Ministerial Society and including representation from the region's church community, will take place in Stewart Park at 1:30PM. The Bowes Brothers will perform the hymns and will also perform following the service.

All weekend, at the Perth Fairgrounds, the Canadian Stone Carving Festival carvers will turn slabs of stone into beautiful works of art. These pieces will then be auctioned off on Sunday afternoon, with proceeds going to the Habitat for Humanity Perth Chapter. The live auction will begin Sunday at 3PM at the BBQ Block Party stage. Learn more about the festival at <canadianstonecarvingfestival.com>.

The BBQ Block Party runs for its final day on Sunday, and will include live entertainment with jazz, folk and country music.

To find out more about Perth's Blast from the Past Homecoming Weekend, to see the full schedule and to discover volunteer opportunities, please visit <perth200.ca>.



STEWART PARK

Official Opening Ceremonies Military Tattoo Performance Canadian Drystone Wall Festival Ecumenical Service Bowes Brothers Performance

PERTH FAIRGROUNDS BBO BLOCK PARTY WITH THE PERTH ROTARY CLUB **RIBS** • BEER GARDENS **CAR SHOWS • CHILDREN'S ACTIVITIES CANADIAN STONE CARVING FESTIVAL** NIGHT-SHIRT PARADE • FIREWORKS LIVE ENTERTAINMENT **BLUE RODEO • BREA LAWRENSON** SPLASH'N BOOTS • RIO TURNER BAND JAZZ LUNCH WITH PETER WOODS **UNDER THE COVERS • THE LUCKY B'S** HARRY ADRAIN, ED ASHTON, TOM VALIQUETTE & HENRY NORWOOD JUKEBOX JAMBOREE

THROUGHOUT TOWN

The Good Ol' Days Parade PDCI Reunion Perth Farmers' Market Barn Door Productions Presents: The Great Perth Temperance Soiree **Classic Theatre Festival Presents:** Arms and the Man





www.thehumm.com

14

Stewart Park Festival: Celebrating 25 Musical Years

gathering for the past 25 years to enjoy Perth's family-friendly Stewart Park Festival. There will be many bonus activities SPF 2016 which will be held July 14 to 17.

by Steve Tennant

With entry still by donation, the first bonus is that they've added a day! This year's event starts on Thursday, July 14, with a 6PM Heritage Show honouring the 200th anniversary of Perth's original Military Settlement — through music, drama and dance — in partnership with other local entertainment groups. I'm sure this will be a memorable way to recognize those who came before us. The fact that the festival has survived this long is a testament to the hard work of community volunteers and local support, which only emphasizes the strength of community — that same community spirit that's made Perth what it is today.

Another bonus is the SPF Songwriting Competition, which recently concluded. The judges (Susan Code, James Keelaghan and Joel LeBlanc) faced a tough time choosing a winner from tunes reflecting an aspect of historical legacy, but Tim Loten's *Ode to the Big Cheese* rose to the top, with Brian Lynch's Perth by the Tay in second place, and Doris Folkens and Heather Elliott's The Fields of Perth taking third. A celebratory CD entitled Hardship & Honour: Perth's Military Settlement 1816–2016 includes these songs as well as three others. It was produced by Hugh McMillan (Spirit of the West), manufactured by 7th Fire Records, and will be available at the LAKE 88 CD tent at the festival.

I'm thrilled to say I've seen the rough print of the 25th anniversary Souvenir Book and can safely state that you'll be wanting to pick up several for gifts, as well as to thumb through yourself. With John McKenty's historical writing and Ralph Willsey's eye-catching layout, the vibrant colours of the pictures are as stellar as the stories, and the whole book captures the spirit that energizes the festival. They'll be available at the festival as well as at many local shops.

Prior to the festival, you are invited to a celebratory Founders Dinner on Saturday, July 9, being hosted at Michael's Table restaurant at 110 Gore St. E., to honour those who created Stewart Park Festival twenty-five years ago. The event plaque will be unveiled that will hang at Town Hall, highlight our Canadian history, organizers have ar-

of tall, shady trees, nestled along the me- includes a copy of the SPF 25th anniversary Souandering river right behind the Town Hall venir Book, a copy of the souvenir CD and a tax to realize why hordes of people have been receipt for \$30. Tickets are available through Shadowfax (267-6817).

to celebrate the festival's 25th anniversary, And now a bit about the festival itself. This familyfriendly event offers world-class live music on three stages. The main stage is behind Town Hall on Gore St., nestled under the trees, beside a stream where kids often frolic. Across the park, the Wendy Laut River Stage is a little "secret", where various musicians play to specific themes throughout the



day — a great place to witness one-of-a-kind pairings of players, with memorable musical results. It's located on the other side of the river, up near Mill Street. The third stage is at the Crystal Palace, where a licensed patio will operate from 2PM to 6PM on Saturday and Sunday afternoons, with live music as well. This will also be one of the dancin' After Hours venues.

In addition to all the music, there are also artisans offering their ingenious wares, an eclectic food court to satisfy everyone's taste buds, a Kids' Area, and a whole program of creative workshops for all ages, held at various sites in the park. You also won't want to miss the Rideau Nautical Modellers' display of miniature watercraft in the river.

History abounds as Perth celebrates its 200th angets underway at 6PM and, at the conclusion, a niversary of the original Military Settlement. To

One has only to view the beautiful setting recognizing the founders. Tickets are \$100, which ranged for the one-of-a-kind Six String Nation Guitar to be at the Festival. Nicknamed "Voyageur", this uniquely crafted 6-string guitar is the vision of past CBC host and writer Jowi Taylor. It is made of 64 pieces of bone, metal, wood, stone and fabric representing all provinces and territories, and includes a piece of Pierre Trudeau's canoe paddle, metal from "Rocket" Richard's Stanley Cup ring, a piece of the Bluenose II, a walrus tusk, pieces of Paul Henderson's and Wayne Gretsky's hockey sticks, and bits of original seats from Massey Hall and the Montreal Forum, to name a few. You'll have the opportunity to learn more about it and have your picture taken with this truly Canadian piece of heritage. Check it out at <sixstringnation.com>.

> Being the festival's 25th anniversary, the **line-up of players** includes favourites from past years, such as guitar masters Steve Piticco and Wendell Ferguson, transcendent fiddler Jaron Freeman-Fox, harmonica sensation Carlos Del Junco, the Rideau Lakes Orchestra, and historical troubadour James Keelaghan. Joining them will be Steve Poltz (whose live shows are legendary), country music sensation Arlene Quinn, and Newfoundland's Ennis Sisters (with their Juno Award-winning harmonies). Next Generation Leahy brings the third generation of the famous fiddlin' and stepdancing Leahy family, aged 4 to 13, to the stage. Add to that the powerful Irish Mythen (an Irish-born Canadian folk singer who radiates emotion), the step-back-in-time stylings of Sheesham & Lotus, the multi-instrumental Celtic sounds of the East Coast group Coig, the bluegrass sensation Slocan Ramblers, drum group Charging Horse, the worldbeat dance music energy of Bombolessé and, for the children, the whimsical Celtic Rathskallions. Those performers and many more will provide something for everyone's musical palate. Local young talent always kicks things off on Friday, to much hurrah. Check out <stewartparkfestival.com> for full details.

> After hours, the party continues. The purchase of an After Hours button will provide entrance to the various concerts, dances, etc. being held both Friday and Saturday nights, after the bands finish in the park. The Perth Legion and Crystal Palace will offer dancing, while the Perth Tea Room and Studio Theatre will provide listening rooms. Note that on Friday evening there will be a **25th Anniversary Dance** held at the Crystal Palace with The Sox, who played at the first festival and were favourites back then, when Perth's now-departed David Cavalier sang lead with them and had us dancing in all the halls in the area. Their R&B horn band sound will get everyone's feet movin'...

> A free, air-conditioned shuttle bus will pick you up at Algonquin College and Last Duel Campground on Craig St. (Hwy 43) or at Giant Tiger on Hwy 7 where you can park for free, and it will drop you off at Town Hall, on a regular basis, on into the evening.

> On Sunday morning, in keeping with the heritage theme, a good ol' fashioned Pancake Breakfast will be held at the Crystal Palace, with Law & Orders hosting, and live musical accompaniment of course.

> Many things are said about the Stewart Park Festival. "You may not know the groups when you arrive, but you'll likely hear some new favourite acts whose CDs you'll take home." "What an extraordinary locale to spend a leisurely afternoon listening to a great variety of live music, while surrounded by friendly strangers!" "The good vibe is contagious there." "The proof of a vibrant local arts community shines brightly here." Grab your lawn chairs and we'll see you there! Support live music everywhere!





Puppets Up!, Almonte, Aug 5-7 Alpaca 101, Ompah, Aug 6 Bel Canto Quintet, Arnprior, Aug 7 **Arnprior Fair**, Aug 11–14 Pakenham Fair, Aug 13 Perth Garlic Festival, Aug 13–14 Kelli Trottier, Perth, Aug 18 Bingo Ladies, Perth, Aug 18-28 An Inspector Calls, Perth, Aug 19-Sep 11 Bridge to Terabithia, SF, Aug 19–28 Walk for Autism, CP, Aug 20 MUSICwestport, Westport, Aug 20 Settlers' Heritage Day & Lanark County Plowing Match, Perth, Aug 20 Words on the Land, Maberly, Aug 21 Highland Games, Almonte, Aug 27 Barns, Farms and Wicked Chefs, Perth, Aug 27

Food & Drink Show, Almonte, Sep 10 Fibrefest, Almonte, Sep 10–11



- Almonte Celtfest, Jul 8 (5-10PM), 9 (12-10PM), 10 (12-6PM). Celtic music/dance in Gemmill Park. Workshops, parade, Fiddle Mass., after hours. Gemmill Park, Almonte. almonteceltfest.com. By donation
- Stewart Park Festival, Jul 14 (6-10PM), 15 (1-9:15PM), 16 (11am-8:30PM), 17 (12-4:30PM). Free music, workshops, vendors, after hours. Stewart Park, stewartparkfestival.com. Donations welcome
- Almonte Fair, Jul 15 (4PM-1AM), 16 (10AM-IAM), 17 (10AM-5PM). Demo Derby, midway, live music. Almonte Fairgrounds, almontefair.ca. \$10 (\$5 after 9PM);+midway
- Perth Homecoming Weekend, Jul 22-24, Events for young and old. See website for schedule. Perth Fairgrounds, Halton & Arthur St, Perth. perth200.ca.
- Dragon Boat Festival, Jul 23. 200m & 500m races of 20-person boats. Robert Simpson Park, 400 John St. N., Arnprior. 623-7301, garthur@arnprior.ca
- Bridge Street Bazaar, Jul 30, 9AM-4PM. Annual family-friendly market. Downtown Carleton Place, Bridge Street. 257-8049, cmcormond@carletonplace.ca
- Midsummer Herbfest, Jul 31, 9AM-5PM. Demos, vendors, entertainment. Rain or shine.Waba Cottage Museum, 24 Museum Rd., White Lake. 623-8853, info@mcnabbraeside.com. \$2; \$5 per family

Visual Arts

- Rideau Lakes Studio & Garden Tour, Jul 1-2, 10AM-5PM; Jul 3 10AM-4PM. Brochures at area shops/resto. Rideau Lakes area. 928-3041, rideaulakesstudioandgardentour.com Summer Night Market, Jul 7, 6-10PM.Art
- & food vendors, entertainment. Carriageway Studios, Almonte. carriagewaystudios.ca Art In The Barn, Jul 8, 5-8PM; Jul 9-10, 10AM-4PM. Rideau Lakes Artists' show/
- sale. Lombardy Fairgrounds, Smiths Falls. rideaulakesartists.com. Free; free parking Meet the Artists: Chandler Swain,
- Meaghan Haughian, Jul 10, 1-3PM. General Fine Craft, Almonte. 461-3463 Paint Nite, Tuesdays, 7PM. No experience
- req'd. Waterfront Gastropub, Carleton Place. 257-5755, \$45
- Art in the Park, Jul 16 (9AM-5PM) & 17 (10AM-4PM). Renfrew Art Guild's exhibition. Haramis Park, Renfrew. 433-3208. Free
- Vernissage: 'Unbound', Jul 24, 2-5PM. Meet artists Sue Adams, Adrienne Dagg, Marcus Kucey Jones, David Kearn. Sivarulrasa Studio Almonte. 293-2492, sivarulrasa.com Craft Market, Jul 30, 9AM-4PM. Opinicon grounds, Chaffey's Locks. chaffeyslock. weebly.com.



Thursday Monday Wednesday Tuesday Bittersweet Gallery presents ceramics by Jocelyne St-Denis < burnstown.ca/bittersweet> CP & Beckwith Heritage Museum presents photographer/painter Annie E. Duff <cpbheritagemuseum.com> Diefenbunker presents CANEX 1977 canteen; The Cold War: Causes, History, Impact [to Aug 28] Fairview Manor Lobby presents Sarah Jaynes' charcoal drawings of animals [to Aug 9] FIELDWORK presents outdoor art <fieldworkproject.com> 🗏 General Fine Craft, Art & Design features Chandler Swain's ceramics & Meaghan Haughian's mixed-media [from Jul 5] <generalfinecraft.com> E MVTM presents Copper & Textile Fabrications [to]ul [6] < mvtm.ca> E Riverguild Fine Crafts presents Franc van Oort's watercolours [to Jul 7] 🗏 Sivarulrasa Studio & Gallery presents Pen & Pixel [to Jul 10] Unbound, w/Sue Adams, Adrienne Dagg, Marcus Kucey Jones, David Kearn [from Jul 22] < sivarulrasa.com> The Mississippi Mills Chambers Gallery presents Rod Trider's photography 🗐 The Almonte Library Corridor Gallery presents Amelia Ah You's mixed media & Cathy Walsh's acrylics Thoburn Mill Gallery presents Margaret Ferraro's Beginnings & Endings FI Ought to be in Pictures, Perth Algonquin College Perth Jazz at the Queen's, Queens Hotel Walk'in Wednesdays Perth Jazz Night, The Cove 4-Hand Euch<mark>re</mark>, Perth Acoustic Stage, O'Reilly's Pub Karaoke, Valley Food & Drink Co. 🕸 **4-Hand Euch<mark>re</mark>, Bolingb**roke Almonte Duplicate Bridge 🖗 Mahjong, Bolingbroke Carp Celtic Jam, Carp Masonic Lodge [•] Brock Zeman & Blair Hogan, **5 Wednesdays in July**, Augusta St. Park Musicians' Circle, Bolingbroke A Smiths Falls Duplicate Bridge e I Ought to be in Pictures, Perth O'Reilly's **Open Mic**, Alice's Village Cafe 🕸 Green Drinks<mark>, P</mark>erth Karaoke, Golden Arrow 🕈 Open Mic, Gol<mark>den A</mark>rrow 🏘 Smiths Falls Duplicate Bridge Open Celtic Jam, Naismith Pub Perth Citizens' Band Open Jam Night, Waterfront Gastropub River of Memory, Perth River of Memory, Perth Summer Night Market, Almonte Shawn McCullough, The Cove 💐 I Ought to be in Pictures, Perth Jazz Night, The Cove Algonquin College Perth Walk'in Wednesdays Perth Karaoke, Valley Food & Drink Co. 4-Hand Euchre. Perth Mahjong, Bolingbroke Acoustic Stage, O'Reilly's Pub 4-Hand Euchre, Bolingbroke Musicians' Circle, Bolingbroke Almonte Duplicate Bridge Adult Bereavement Group, Perth Carp Celtic Jam, Carp Masonic Lodge **W Narnia: Prince Caspian**, Perth **5 Wednesdays** in July, Augusta St. Park Brock Zeman & Blair Hogan, 🕸 Smiths Fall<mark>s D</mark>uplica<mark>te B</mark>ridge **Open Mic**, Alice's Village Cafe erth O'Reilly's ♪ Open Mic, Golden Arrow
♥ River of Memory, Perth Paint Nite, Carleton Place Karaoke, Golden Arrow 🕸 Smiths Falls Duplicate Bridge **Open Celtic Jam**, Naismith Pub **Stewart Park Festival**, Perth **Open Jam Night**, Waterfront Gastropub Summer Street Market, Almonte River of Memory, Perth **Toastmasters**, CP Shawn McCullough The Cove Jazz Night, The Cove 🕸 Algonquin College Perth Karaoke, Valley Food & Drink Co. Walk'in Wednesdays Perth 💐 London Suite, Perth **4-Hand Euchre**, Perth Acoustic Stage, O'Reilly's Pub Mahjong, Bolingbroke **4-Hand Euchre**, Bolingbroke Almonte Duplicate Bridge Almonte Support Group, Almonte Zootopia, CP 🕈 Brock Zeman & Blair Hogan, 5 Wednesdays in July, Augusta St. Park Carp Celtic Jam, Carp Masonic Lodge Carp Celtic Jam Musicians' Circle, Bolingbroke O'Reilly's Company of Fools, McDonalds Corners M Smiths Falls Duplicate Bridge ✓ Open Mic, Alice's Village Cafe Daint Nite, Carleton Place ▲ Karaoke, Golden Arrow **Open Mic**, Golden Arrow Smiths Falls Duplicate Bridge **Open Celtic Jam**, Naismith Pub Perth Citizens' Band 💐 River of Memory, Perth **Open Jam Night**, Waterfront Gastropub River of Memory, Perth Kynestone Magic Show, CP Shawn McCullough, The Cove Algonquin College Perth Arms and the Man, Perth Walk'in Wednesdays Perth **4-Hand Euchre**, Perth Jazz Night, The Cove Acoustic Stage, O'Reilly's Pub 4-Hand Euchre, Bolingbroke Karaoke, Valley Food & Drink Co. Almonte Duplicate Bridge Adult Bereavement, Smiths Falls Mahjong, Bolingbroke Carp Celtic Jam, Carp Masonic Lodge Rent and the Man, Perth Brock Zeman & Blair Hogan, Musicians' Circle, Bolingbroke 🕸 Smiths Falls Dupli<mark>cate Bri</mark>dge 5 Wednesdays in July, Augusta St. Park ♪ Open Mic, Alice's Village Cafe O'Reilly's Paint Nite, Carleton Place Karaoke, Golden Arrow 🕈 Open Mic, Golden Arrow River o<mark>f Memory</mark>, Perth A Smiths Falls Duplicate Bridge **Open Celtic Jam**, Naismith Pub Open Jam Night, Waterfront Gastropub Toastmasters, CP River of Memory, Perth Shawn McCullough, The Cove Giant Book Sale, Jul 23, 8AM-1PM. Sales by **Mudds Youth Theatre Auditions**, Corners. kristine@bluechicory.ca. \$20 Theatre donation; proceeds to Perth Library. Crys-Jul 9, 1-3PM. King Lear for Oct 2016. Ages sugg. donation London Suite, Jul 21-23, 29-30 at 7:30PM; tal Palace, 63 Gore St. E., Perth. 267-4494. River of Memory, Wed-Sun I IAM. Theatri-9-17. Carleton Place Town Hall. info@ Jul 24, 31 at 2PM. Studio Theatre, Perth. cal historic walking tour. Meet at Perth mississippimudds.ca Local Food Movie in the Park: Zootopia, Jul 21, Museum, II Gore St. E. classictheatre.ca. \$24; \$22 (Book Nook, cash), Shadowfax \$15/\$12 w/play ticket (shadowfax.on.ca, 267-6817, cards) 7:30-10:30PM. Pre-movie kids' activities, **Back Forty Artisan Cheese Shop** 9PM film. Chair/blanket recommended. I Ought to Be in Pictures, Jun 24-Jul 17: Arms and the Man, Jul 22-Aug 14: Wed, Grand Opening, Jul 2, 10AM-4PM. Tasting Wed, Thurs, Sat 8PM; Wed-Sun 2PM. Pre-Thurs, Sat 8PM; Wed-Sun 2PM. Pre-show Riverside Park, CP. 257-1704. Free! room, shop, local beer/wine. Mississippi show talk 30-min before. Classic Theatre talk 30 min before. Classic Theatre Festi-Rynestone Magic Show, Jul 21, 10AM. Tix: Station. artisancheese.ca CP Library. Carleton Place Town Hall. 257-Festival. St. James Church, Perth. clasval. St. James Anglican Church, Perth. clas-Strawberry Social, Jul 3, I-4PM. GF opt. sictheatre.ca. \$30; under 30 \$21; \$4 fee 2702, rynestonemagic.com. \$4; \$3 adv. sictheatre.ca. \$30; under 30 \$21; \$4 fee Berries, whipped/ice cream, cake. Cedar Harry Potter Release Party, Jul 30, Lanark Laughs, Jul 29, 8-10PM. Stand-up Lonely Ghosts Walk, Fri 7-8PM. Theatri-Hill Schoolhouse, Pakenham. 256-2830. \$6 11:30PM. Prizes, refreshments & fun. cal historic walking tour. Meet at Perth comedy.Waterfront Gastropub, Carleton Mill Street Books, Almonte. 256-9090, Museum, II Gore St. E. classictheatre.ca. Place, www.facebook.com/LanarkLaughs SY. routh millstreetbooks.com \$15/\$12 w/play ticket The Great Perth Temperance Soirée, iterature Academy for Musical Theatre: Alice in Jul 8-9, 7:30PM; Jul 10 1:30PM. BarnDoor MUSIC Wonderland, Jul 8 & 9, 1:30PM. Narnia: Book Signings: Doug Smith (Jul 8-9, Prod. Full Circle Theatre, Perth, 267-1884 Prince Caspian, Jul 14, 7PM; Jul 15, IPM. Musicians' Circle, Thursdays, 7PM. Musi-I-3PM. The Deadly Duel at Perth); Larry **Company of Fools: Pericles, Prince** Full Circle Theatre, Perth. musictheatre. cians only -all ages.ABC Hall, 3166 County

ca. \$12

Cotton (Jul 23, 1:30-3:30PM. Whiskey & of Tyre, Jul 20, 5:30-9PM. Farmers Mkt food; show at 7PM. Bring plate, cutlery, chair. MERA Schoolhouse, McDonalds

Wickedness 1816-75). The Bookworm, Perth. 264-7257, bookwormperth.com Perth

COLLEGE

Campus



Rd. 36, Bolingbroke. 273-9005. \$5 for hall

6

Friday



Sunday

Valley Food and Drink Co. (Calabogie, 752-2676x311): Thurs Karaoke 8PM

Jul I Canada D'Eh Party w/Mister & His Sister, I I AM -8PM

Jul 9 Pig roast w/Gillian Rutz, 5-10PM Jul 10 Brunch w/Pierre Desmarais, 10AM

- Jul 16 Reckless, 8-11:30PM
- Jul 23 Simon Clarke, 8-11:30PM
- Jul 24 Simon Clarke (patio), 12-2PM
- Jul 29 Freshwater Trade, 8-11:30PM, \$10
- Jul 30 DoubleDouble, 8-11:30PM, \$10 Queens Hotel (Carleton Place, 257-7639)
- Jul 7 Jazz at the Queens, 6-9PM M3 Eatery (Arnprior, 791-0992): 7:30PM, \$5
- Jul 15 Newsom, Orenstein & Serson Jul 29 Peter Brown
- 5 Wednesdays in July (Augusta/Mercer St., Almonte): 6-8:30PM Jul 6 Arlene Quinn, BBQ Jul 13 Ramblin' Valley Band, potluck Jul 20 Redneck Limousine, BBQ
- Jul 27 The Ragged Flowers, potluck

Commu

- Perth Antique Show & Sale, Jul 2-3, 10AM-4PM.Art, décor, jewellery, collectibles. Perth Legion, 26 Beckwith St E., Perth. 283-5270, perthantiqueshow.com. \$7
- Train Rides at RMEO, Jul 2, I IAM-3PM. Railway Museum of Eastern Ontario, Smiths Falls. 283-5696, rmeo.org. \$6; ages 2-6 \$3 Green Drinks, Jul 5, 5:30PM. Informal meeting
- of environmental folk. Golden Arrow, 71 Foster St., Perth, GreenDrinks.org,
- Algonquin College Perth Campus Walk'in Wednesdays 8AM-8PM. Open house. 7 Craig St., Perth.
- Outdoor Yoga, Saturdays, Jul 9-Aug 27 (x7/30),8:30AM.w/Maryse.Heritage Fitness, 2 Costello Dr., Carleton Place. Free
- Fish Fry Fundraiser, Jul 9, 5:30PM, ABC Hall fundraiser. 2 sittings. ABC Hall, 3166 County Rd. 36, Bolingbroke. 273-3781, abchallfishfry@gmail.com. \$15; \$7 kids 6-12
- Valley Singles Lunch, Jul 10, IPM. Singles lunch, all welcome. Cedar Cove Resort, 100 Cedar Cove Rd., White Lake. 622-5693.
- Adult Bereavement Groups: Jul 12 (I-3PM, Community Home Support, Perth, 267-6400); Jul 26 (1-3PM), Smiths Falls Community Health Centre, 283-6745). Free
- Summer Street Market, Jul 14, 5-9PM. Shopping, specials, demos, music. Downtown Almonte, Mill St., Almonte.
- CP Hort: Summer Flower Show, Jul 16, I-4PM. Refreshments avail. Carleton Place & Beckwith Heritage Museum, 267 Edmund St., Carleton Place., cphorticulture.ca. Free
- Picnic Like it's 1916, Jul 16, 1-4PM. Pack lunch & blanket. Sweets/drinks for sale. CP & Beckwith Heritage Museum, CP.253-7013, cpbheritagemuseum.com. \$2
- Great Tay Duck Race, Jul 17, 2PM. YAK Youth Services fundraiser. Buy ducks in Perth (Metro, Independent, Cdn Tire).Win prizes. Stewart Park, Perth. 264-8381
- Bereavement Support Group, Jul 18, 10:30AM-12PM. Monthly. Led by Barbara Carroll. Mills Community Support,
- Almonte. 883-6646, hubhospice.com. Free All You Can Eat Fish Fry, Jul 22, 4:30-7:30PM. Take out avail. White Lake United
- Church, 3 Burnstown Rd. 623-6305 Foodsmiths 40th, Jul 22, I IAM-5PM. Tastings, prizes, groovy dress-down. Foodsmiths,
- Perth. 267-5409, foodsmiths.com Smiths Falls Duplicate Bridge, Mondays 7PM, Tuesdays IPM. 256-4747. SF Legion
- 4-Hand Euchre, Tuesdays, I-4PM. No stairs.
- Perth Legion 4-Hand Euchre, Tuesdays, 7PM. ABC Hall, Bolingbroke
- Almonte Duplicate Bridge, Wednesdays 7PM. 256-4747. Almonte Legion
- Mahjong, Thursdays 1:30PM, ABC Hall, Bolingbroke

Mastermind Toastmasters, Jul 14, 28, 7PM. Riverview Seniors Residence, 204 Lake Avenue, CP

Antique Car Show, Almonte Brian Downey, Golden Arrow Canada D'Eh Party, Valley Food & Drink Co. Canada Day Music & More, Almonte Canada Day Picnic & Music, Chaffey's Locks Canada Day w/Trashed Taxi, John St. Pub Canada Day w/Turpin's Trail, The Cove Canada Day w/Turpin's Trail, The Cove Canoe Races, Almonte Canoe Races, Almonte Canoel Garden Cove River of Memory, Perth Rideau Lakes Studio & Garden Tour	 ➢ Back Forty Grand Ope ✓ Blues & Company, Gold ♥ I Ought to be in Picture: ✓ Jeff Callery, The Cove ☆ Perth Antique Show & ♥ River of Memory, Perth I Rideau Lakes Studio & ✓ Saturday Night Dance ☆ Train Rides at RMEO, State State	en Arrow s, Perth Sale, Perth Garden Tour, Party, John St. Pub	 APEX Jazz Band, The Royal Oak Redneck Limousine, Waterfront Gastropub Head over Heels, The Cove I Ought to be in Pictures, Perth Perth Antique Show & Sale, Perth River of Memory, Perth Rideau Lakes Studio & Garden Tour , Strawberry Social, Pakenham The Other Krow, Robert Simpson Park
 Alice in Wonderland, Perth Almonte Celtfest, Almonte Art In The Barn, Smiths Falls Book Signing: Doug Smith, Perth I Ought to be in Pictures, Perth Lonely Ghosts Walk, Perth Mississippi Blues Society, Waterfront Gastropub River of Memory, Perth Séan McCann, The Cove Smitty, O'Reilly's Pub Steve Barrette Trio, The Swan at Carp Steve Stacey & the Stump Splitters, Golden Arror The Great Perth Temperance Soirée, Perth 	 Alice in Wonderland, Per Alimonte Celtfest, Almo Art In The Barn, Smiths Book Signing: Doug Sn Fish Fry Fundraiser, Boli Head over Heels, The Co I Ought to be in Pictures Mudds Youth Theatre Outdoor Yoga, Carleton F River of Memory, Perth Pig Roast w/Gillian Rut The Great Perth Temper The Ramblers, Golden Ar 	nte Falls nith , Perth ingbroke yve s , Perth Auditions , Carleton Place Place tz , Valley Food & Drink Co. rance Soirée , Perth	 Almonte Celtfest, Almonte Art In The Barn, Smiths Falls Redneck Limousine, Waterfront Gastropub Head over Heels, The Cove I Ought to be in Pictures, Perth Magnolia Rhythm Kings, The Royal Oak Meet the Artists: Swain, Haughian, Almonte River of Memory, Perth Simon Clarke & Paul Anthony, Robert Simpson Park Stories & Songs, Westport Summer Jazz Picnic, Appleton Sunday Brunch, Valley Food & Drink Co. The Great Perth Temperance Soirée, Perth Valley Singles Lunch, White Lake
 * Almonte Fair, Almonte ♥ I Ought to be in Pictures, Perth ♥ Lonely Ghosts Walk, Perth ♥ Narnia: Prince Caspian, Perth ♥ River of Memory, Perth ♪ Newsom, Orenstein & Serson, M3 Eatery ♪ Slocan Ramblers, The Cove * Stewart Park Festival, Perth ♪ The Commuters, Golden Arrow ♪ Tom Watson, O'Reilly's Pub 	 Almonte Fair, Almonte Art in the Park, Renfrew Brea Lawrenson, Golden Summer Flower Show, Head over Heels, The Co I Ought to be in Picture Jazz at the Waterfront Mod Night, John St. Pub Outdoor Yoga, Carleton F River of Memory, Perth Picnic Like it's 1916, Car Reckless, Valley Food & Dri Stewart Park Festival, Under The Covers, O'Re 	Arrow Carleton Place ove s, Perth ; Waterfront Gastropub Place rleton Place ink Co. Perth eilly's Pub	 Almonte Fair, Almonte APEX Jazz Band, The Royal Oak Art in the Park, Renfrew Redneck Limousine, Waterfront Gastropub CSI — Rob Dontigny, Robert Simpson Park Great Tay Duck Race, Perth Head over Heels, The Cove I Ought to be in Pictures, Perth River of Memory, Perth Stewart Park Festival, Perth
 All You Can Eat Fish Fry, White Lake Anvil, John St. Pub Arms and the Man, Perth Foodsmiths 40th, Perth George Reynolds, The Cove Jon Townsen, Golden Arrow London Suite, Perth London Suite, Perth Lonely Ghosts Walk, Perth Perth Homecoming Weekend, Perth River of Memory, Perth Stephen Fisher, O'Reilly's Pub Steve Barrette Trio, The Swan at Carp 	 Arms and the Man, Perth Auditions: Fiddlin' on t Blue Rodeo, Perth Book Signing: Larry Co Buddy Holly and Rocka Dragon Boat Festival,/ Giant Book Sale, Perth Head over Heels, The Co Jeff Martin (of Tea Part Cutdoor Yoga, Carleton F Perth Homecoming W River of Memory, Perth Simon Clarke, Valley Food The Ramblers, Golden Ar 	che Rideau, Westport otton, Perth abilly Riot, Elgin Amprior ve ty), John St. Pub Place Veekend, Perth I & Drink Co.	 Arms and the Man, Perth Redneck Limousine, Waterfront Gastropub Buckledown, Robert Simpson Park Head over Heels, The Cove London Suite, Perth Magnolia Rhythm Kings, The Royal Oak Perth Homecoming Weekend, Perth River of Memory, Perth Simon Clarke on the Patio, Valley Food & Drink Co. St. James' Choral Eucharist, Perth Stories & Songs, Westport The NightCrawlers, Generations Inn Vernissage: 'Unbound', Almonte
 River City Junction, O'Reilly's Pub River City Junction, O'Reilly's Pub 	 ▲ April Hate, John St. Pub ♥ Arms and the Man, Perth ♥ Bridge Street Bazaar, (■ Craft Market, Chaffey's L ▲ DoubleDouble, Valley Foo ♥ Harry Potter Release ▲ Head over Heels, The Co ♥ London Suite, Perth ♥ River of Memory, Perth ▲ The Brockolees, Golden / 	Carleton Place ocks d & Drink Co. Party , Almonte ove	APEX Jazz Band, The Royal Oak Arms and the Man, Perth Redneck Limousine, Waterfront Gastropub Head over Heels, The Cove London Suite, Perth Midsummer Herbfest, White Lake River of Memory, Perth The Heartbeats, Robert Simpson Park
cert, Jul 7 & 21, 7:30PM. Bring lawn chair or stroll park. Stewart Park, Herriott St., Perth. 256-4221, perthband.ca9PM. MStories & Songs, Jul 10 Gary Tregaskis & Hermann Amberger, Jul 24 Deborah Dunleavy & The Alexander Brothers. 7-8PM. Bring chair.Westport Spring. west- portartscouncil.com. FreeJul 9,2Summer Jazz Picnic, Jul 10, 2-5PM. Chris arnie@jazzN.ca. \$15 sug. donationJul 22Makell Quartet. Bring picnic, chair. RSVP: arnie@jazzN.ca. \$15 sug. donationThe CcAuditions: Fiddlin' on the Rideau, Jul 23, 10AM. Amateur fiddlers, \$10-15 reg'n, finals Aug 20, cash prizes.Westport United Church. westportartscouncil.comNight Head Heads Head St. James' Choral Eucharist, Jul 24, 10AM.	Arrow Pub (Perth, 267-4500): (ed Karaoke. Thurs Open Mic. 9 Brian Downey lues & Company teve Stacey & the Stump Splitters 3 The Ramblers The Commuters Brea Lawrenson Ion Townsen The Brockolees Ve (Westport, 273-3636): Wed McCullough 7-10PM, Thurs Jazz w/Spencer Evans Trio, 9-11PM, Sat over Heels, 6-9PM, Sun Head over on the Patio, 12:30-3:30PM urpin's Trail, 7-11PM, \$10 ff Callery, 6-9PM Séan McCann of Great Big Sea, 1, \$50 buffet & show. Slocan Ramblers, 8-11PM, \$15 George Reynolds, 6-9PM Art Lajambe, 6-9PM	Jul 8, 22 Steve Barrette Tr The Royal Oak (Kanata, on Sun, 2-5PM Jul 3, 17, 31 APEX Jazz Ba July 10, 24 Magnolia Rhyth Naismith Pub (Almonte, 2 Open Celtic Jam, 7:30-10 Carp Masonic Lodge: M Jam, 7-9PM O'Reilly's Ale House (Per Tues Brock Zeman & Blaii Wed Acoustic Stage w/D2 Fri Live music 9PM Jul 8 Smitty Jul 15 Tom Watson Jul 16 Under the Covers	io, jazz, 7-10PM Jul 1 Canada Day w/Trashed Taxi, \$7 591-3895): jazz Ind Im Kings 256-6336):Wed PM On Carp Celtic on Carp Celtic r Hogan 8:30PM; ave Balfour 8PM, r Hogan 8:30PM; ave Balfour 8PM, arp, 470-2233): Jul 1 Canada Day w/Trashed Taxi, \$7 Jul 2 Dance Party (DJ), 9PM, \$5 Jul 22 Anvil, 9:30PM, \$30 Jul 22 Anvil, 9:30PM, \$30 Jul 23 Jeff Martin (of Tea Party), \$40 Jul 30 April Hate (Nirvana tribute), \$10 Generations Inn (CP, 253-5253): Jul 24 The NightCrawlers blues, 6-9PM The Waterfront Gastropub (CP, 257- 5755):Wed Open Jam Night 9:30PM; Sun Blues w/ Redneck Limousine 3-6PM Jul 8 Mississippi Blues Society Jam, 8:30PM Jul 16 Jazz at the Waterfront, 8-11PM Robert Simpson Park (Arnprior): Sun- days, 2-4PM, free Jul 3 The Other Krow Jul 10 Simon Clarke & Paul Anthony Jul 17 CSI – Rob Dontigny Jul 24 Buckledown

Saturday

W/Anglican Chorale of Ottawa. St. James Church, Perth. 267-1163, stjamesperth.ca

Specialty Trades • Community & Health Studies • Business On the web: algonquincollege.com/perth

Jul 29 Art Lajambe, 6-9PM





Art in the Park, and Out of the Blue!

Renfrew's Art in the Park

Calling all artists and art appreciators! On please visit <renfrewartguild.com>. July 16 (9AM-5PM) and 17 (10AM-4PM), the Renfrew Art Guild will be holding their fourth annual Art in the Park. This free exhibition has grown to include numerous artists working in a wide variety of media, and takes place at beautiful Haramis Park (O'Brien Boulevard, across from Walmart). This year's Art in the Park will again fea-

ture a number of demonstrations by participating artists, as well as the popular Battle

by Miss Cellaneous

of the Canvas, in which artists have twenty minutes to complete paintings to be judged by the audience. Family-friendly events take place at the Kids Zone, and kids can also make art at the interactive Graffiti Board. Food vendors will be on site, so bring a lawn



This year's Art in the Park event in Renfrew will feature a Battle of the Canvas, an interactive Graffiti Board, and works by artists such as Frank Harper (above)

chair and make a day of it! For more information,

Paint Your Thumb Green

The Heritage House Museum of Smiths Falls is introducing a special summer painting event. They will be hosting **Painting in the Garden**, which will feature an afternoon filled with painting, tasty treats, tea, friends and fun! This event will take place on July 10 from 1PM to 4PM. Come and enjoy yourself with friends as you create a painting while sitting out by the gorgeous garden here at the museum.

The event will be led by local artist Jenine McCann. She will guide participants with stepby-step instruction towards the completion of a beautiful floral painting. Jenine grew up in the Westport area and has since followed her career to Carleton Place where she recently opened up her own chiropractic clinic. Despite her busy life, she still finds time to be creative and looks to her surroundings for inspiration for her art. Art has always played a role in Jenine's life. She enjoyed taking art classes throughout school and has always sketched and painted in her spare time. It was only in the past four years that she has truly developed her love for painting with acrylics. Inspired by landscapes and wildlife, she incorporates different textures and many bold colours into her work. Her techniques are always changing and developing, and she finds this to be one of the most exciting features of art.

Jenine will also be at the museum for the Lushes with Brushes Paint Night on July 7 from 7PM to 9PM. On this evening guests will paint a summer city skyline. For an invitation to this event, please contact the museum.

Whether you are an experienced painter or have no experience at all, Painting in the Garden is the event is for you! Painting supplies, snacks, tea and refreshments will be provided by the museum. It is suggested that you wear clothing that you feel comfortable painting in. Tickets are \$35 per person and spots must be reserved in advance at the museum. To register or for more information, call 283-6311 or email <heritagehouse@smithsfalls.ca>.



Out of the Blue & Fresh Water

Congratulations to Michaela Wolfert and Ann Lumsden of Almonte's Kehla Design! Both artists were accepted into the Metal Arts Guild of Canada's juried 70th anniversary exhibition, entitled "Innovation", that took place recently in Toronto. Their pieces are now back from the show and on display at Kehla Jewellery Design Studio at 88 Queen Street <kehladesign.com>.

Michaela writes about her piece: "The title 'Out of the Blue' refers to the moment when I experienced a shift in seeing and thinking, which is usually required for innovation to occur. This often coincides with a change in seeing, like considering a familiar item as if viewed for the first time. When I first encountered this 80% recycled post-consumer glass, I had the idea that I could transform it into a new kind of jewel. I envisioned the glass being elevated to a precious commodity when combined with silver, gold and traditional gemstones. A lapidarist cut and polished the industrial-use glass to my specifications — the top was left untouched to show the ripples and imperfections. The juxtaposition of materials was appealing: the precious gems and metals, next to the common glass, achieving a new beauty. What also appealed was the environmental aspect - previously discarded items being re-used in a new, valuable and innovative way. To further reference the theme, the colour scheme was limited to the blue part of the spectrum."

About her "Fresh Water" ring, Ann writes: "While swimming at my family's cottage on Otter Lake, I was struck by the attractiveness of the zebra mussels that encrust much of the underwater landscape. The dried-out shells left on shore by racoons are dull and uninteresting, but below the surface of the lake you can see the beautiful and distinctive bands of black, brown and cream that inspired the mussel's name. After some trial, and much error, I discovered a way to incorporate this fragile material into my jewellery pieces. I harvest the mussels from the lake, scrub and empty them, fill the shell halves with epoxy to both strengthen and connect them, and finally polish the shell's exterior. In my ring I combine the lowly zebra mussel and the prized Japanese freshwater pearl. I feel both have a beauty worthy of admiration. I'm pleased with this innovative use of an invasive pest, and most cottagers would agree that one less zebra mussel in the lake is a good thing!"





Bridge Street Bazaar

Calling all locals and out-of-towners! The Carleton Place Business Improvement for even the youngest visitors - petting Association (BIA) invites you to visit downtown Carleton Place on Saturday, July 30 from 9AM to 4PM, to enjoy a summer community extravaganza.

The 11th annual BIA Bridge Street Bazaar will showcase the centre of this colourful and historical town, including a sidewalk shop with over a hundred vendors. Visitors can Meet Us "Downtown" to shop, enjoy some great local entertainment, and eat at waterfront pubs and restaurants.

The entire downtown section of Bridge Street will be shut off to vehicular traffic, making way for a pedestrian-friendly area where both vendors and merchants alike can display and sell their products. The full-day schedule of the sidewalk sale includes various activities and attractions including some of Carleton Place's finest all registration forms must be received by musicians, mascots and dancers.

This family fun event offers something zoo, pony rides, face painting and balloon animals are among the many activates that will delight the young and young at heart. The sound of pop, rock and country will fill the air as spectators enjoy a full day of live local entertainment — and did we mention this fantastic entertainment is free of charge?!

With community groups, restaurants on the Mississippi, have the opportunity and arts programs all coming together for the day, visitors will truly be able to immerse themselves in the culture of Carleton Place, discovering all that this great town has to offer. If you have any questions regarding the Bridge Street Bazaar, please contact Cathie McOrmond at 257-8049 or <cmcormond@carletonplace.ca>.

> Registration is now open for vendors at the 2016 BIA Bridge Street Bazaar. The cost is \$40 for a 10' x 10' space, and July 22 at 4PM.

Anglican Chorale at St. James' Eucharist

On Sunday, July 24 at 10AM, St. James the Canterbury and Dublin). They have also Apostle Anglican Church in Perth will be hosting the Anglican Chorale of Ottawa, who will add a special touch of traditional choral music to the morning Eucharist. The weekend of July 22-24 is also Blast from the Past — the homecoming weekend for the 200th anniversary celebrations of the Perth Military Settlement, with plenty of special events and an Ecumenical service at 1:30pm in Stewart Park.

Canon David Smith, the celebrant on July 24, says: "We are indeed fortunate to have these excellent choristers come and augment our worship and praise, and we are delighted to be able to provide them this opportunity as they prepare for their tour of significant places of worship in England."

The Chorale will sing an introit (the psalm in traditional Anglican Chant) and an anthem — Ubi Caritas by Maurice Duruflé (1902–1986). The service music will musique ancienne de Montréal (SMAM). be taken from the Missa Brevis by Lennox Berkeley (1903–1989).

building to call its own. Members join together on a regular basis to rehearse the unique repertoire of the Anglican tradition of Choral Evensong, and to sing services around the Ottawa area. The choir does a tour in the U.K. every two years, including spending a week as "choir-in-residence" at a great British cathedral (e.g. Winchester,

been fortunate enough to sing in historic locales such as St. Martin-in-the-Fields (London) and Vimy Ridge. Currently the Chorale is preparing for an August 2016 trip to the south of England, which will include a visit to Oxford and Bristol Cathedrals, St. George's Chapel at Windsor Castle, and a week at Salisbury Cathedral.

The Director of the Chorale is Andrew McAnerney, who has over twentyfive years of experience as a conductor, singer, arranger and educator. He has participated in hundreds of performances in twenty-eight countries with numerous amateur and professional choirs, including Tallis Scholars, BBC Sings, Academy of St. Martin in the Fields, Carmina Kammerchor (Iceland), Gloucester Cathedral Choir, and St. George's Chapel (Windsor Castle). Andrew is also the director of the Cantata Singers (Ottawa) and Studio de

The Anglican Chorale of Ottawa's website <acochoir.com> provides additional The Anglican Chorale of Ottawa is information for those who might be interan unusual choir in that it has no church ested in joining the choir, or in supporting its work.

> St. James' Church is located on the corner of Drummond and Harvey Streets in Perth. Travelling west on Highway 7, turn left at the first traffic light as you enter Perth. For more information, contact the church office at 267-1163 or check <stjamesperth.ca>.



GIARDINO Lifestyle Salon & Academy

Nick Giardino, Creative Director	70+
Blowout	40+
Special Occasion	70+
Personalized Hair Treatments	20+
Colours	65+
Partial Highlights	95+
Full Highlights	120+

MAKEUP FOR HAIR

SIX NEW COLOUR SERVICES OFFER YOU EXACTLY WHAT MAKE-UP DOES. ONLY FOR HAIR THINK CLEVER, FACE-FRAMING TRICKS OF THE LIGHT, GENIUS TECHNIQUES TO DEFINE YOUR FEATURES AND EXPERTLY-SELECTED COLOUR PALETTES TO WORK WITH YOUR SKIN TONE AND HIGHLIGHT YOUR BEST BITS.

THE ILLUMINATOR

A few judicious touches of shimmering, glimmering, face-framing colour around the front sections of your hair.

THE SCULPTER

Placing elements of light and shadow to bring new shape to your hair style.

THE BLENDER

Artfully building up flattering tones of colour that will meld seamlessly with your own shade to give you your most natural-looking colour ever,

THE BRONZER

This wash of warm colour is tailor-made for your skin tone to give a gentle, sun-kissed glow to your complexion, no holiday required.

THE CONCEALER

Youth enhancing and densifying, this root touch up helps to conceal those pesky greys.

THE GLOW DRY

This is the booster service to choose pre-party, post-holiday, or whenever your hair needs a rush of moisture and a whole heap of shine.

Please call the salon for more information Prices vary depending on hair length and stylist level.







Love & Friendship, Day for Night

series are taking a short summer hiatus (but will return in the fall), there are still plenty of films to see and places to see them. In particular, the Bytowne Cinema will be — as it always has been — bringing some fine films, old and new, to their exceptional establishment.

by Matt Roche

This month — and you can see their full schedule at <bytowne.ca> - we can look forward to Woody Allen's latest film Café Society (which had strong reviews from its premiere at Cannes), as well as Luca Guadagnino's engaging third collaboration with the brilliant Tilda Swinton, A Bigger Splash, which also happens to boast yet another tour-de-force performance from Ralph Fiennes. But there are two films in particular that should not be missed. The first is the latest addition to the Jane Austen canon, Love & Friendship, from indie darling Whit Stillman (Metropolitan, The Last *Days of Disco*). The second is a classic from the French New Wave: François Truffaut's love letter to cinema, 1973's Day for Night.

Love & Friendship is an adaptation of Jane Austen's posthumously published novella Lady Susan, and it's an absolute delight. For Austen fans, this film is a snappy dialogue and a convivial atmosphere. The film seems plucked right out of

Although some of our local film the 19th century, as if Austen herself was 1970s), when a group of French supervising the production. It is crafted with care, and the joy of the wordplay, through the script (also Stillman's) to the movies. Such brilliant filmactors' mouths, is clearly evident.

Much like most Austen tales, Love & *Friendship* explores the manner in which certain families strive for affluence and acceptance by marginalizing others, marrying off their children to proper suitors, or simply by manipulating one another - but of course in the most clever and colourful of ways. Lady Susan Vernon (Kate Beckinsale) says at one point: "facts are horrid things." Yet as terrible as some of these characters are, they are undeniably interesting. The result is an abovepar period piece, thanks to an extremely talented cast (all are great here save for Chloë Sevigny, who seems awkwardly out of place) and crew (with a special nod to composer Benjamin Esdraffo, who does incredible things with the score). While some films of this type feel arid and stiff, Love & Friendship feels alive. Watching Lady Susan scheme around or Lady Manwaring run around in perpetual hysteria, and listening to the bumbling Sir Martin (a hilarious, scene-stealing Tom Bennett) trying so hard not to make an awkward fool of himself, is some of the most fun I have had at the theatre all year.

Day for Night, on the other hand, is must. It's filled with gorgeous costumes, an entirely different creature. It's a classic piece of cinema from the period of the French New Wave (late 1950s to early

film critics and film buffs started to change the way we make makers as Jean-Luc Godard (Breathless, Week End), Claude Chabrol (The Butcher) and Jacques Rivette (Celine and Julie Go Boating) emerged during this time. But it was the young, enthusiastic visionary François Truffaut who spearheaded the wave and created some of its most iconic features (The 400 Blows, Jules and Jim). His talent became more and more evident

with each new project he undertook, and he remains one of the most beloved of filmmakers. And Day for Night is one of his finest achievements.

It tells the story of a film production and its cast and crew as they try to deal with their day-to-day routines, and what happens when something obstructs those routines. People come and go, are threatened and repaired, passion is quickly built and quickly lost. Truffaut, who also acts in the film as the director of the terriblelooking film they are making, says at one point: "Shooting a movie is like taking a stagecoach. At first you hope for a nice ride. Then you just hope you reach your destination."

Day for Night also gives us some laudable performances from the luminous Jacqueline Bisset (as the seductive lead



This month, Matt recommends Love & Friendship, an adaptation of a Jane Austen novella

actress), Jean-Pierre Aumont (as the aging thespian with an identity crisis) and Valentina Cortese (as the aging, alcoholic diva), and includes some phenomenal camerawork from Truffaut, who was at the height of his command of the medium, and cinematographer Pierre-William Glenn.

This is a classic piece of cinema, from a time when a few men who loved movies and talking about movies, whose film school began and ended in a darkened theatre, got together and made a newspaper (Cahiers du Cinéma) that celebrated the movies they loved. They eventually decided to put what they learned to use, went out on their own, and started making movies the way they wanted to make them. The results shook the film world, and continue to galvanize and inspire filmmakers and cinephiles to this day.



IM





Hill-Gliders: Invented in Almonte!

known well beyond the small town's borders. Perhaps the best known is James Naismith, the inventor of basketball, followed closely by R. Tait McKenzie, the "father of physiotherapy". Of more recent note are Triacta's smart meters <triacta.com> and Ed Atwell's low-fat (and delicious) doughnuts <facebook.com/HFTinc>. This sum-

by Kris Riendeau

mer, two more residents are planning to add their names to the list as they prepare to launch their new invention: the Hill-Glider.

In fact, Bill Sullivan and Mike Sorokowsky have been launching themselves down the hill in Almonte's Gemmill Park for the past several months. If you haven't noticed them, that's because they have been sneaking over at night — under the light of the lone street lamp — to discourage anyone from stealing their idea during its extensive development phase.

So what is this product that's so epic as to merit stealing? Its inventors describe it as an "urban surfboard" — basically a way to snowboard or surf on grass. Beyond the obvious dual benefits of bringing surfing onto land and extending snowboarding sea-



Almonte already lays claim to several in- son, the Hill-Glider is also safer than skateboardventions (and inventors) that have become ing on pavement — if you fall, it's more like landing on snow than asphalt (and you're not strapped on). There's even a hand-held brake to control your speed as you start out, and slow you down if you get going too fast.

Hill-gliding also counts as great exercise, because of all the walking back up the hill. And because there are no batteries involved, there is essentially no damage to the environment (it's not propelled, so the tires just roll over the grass and don't dig into it like bike tires can). But all that is just icing on the cake, and in this case the cake itself is made of FUN! Now that Bill and Mike are past the research and development phase, they are bringing their Hill-Glider out into the sun and having a blast watching people's reactions to it. They have done a few test-runs and photo shoots at Hog's Back in Ottawa, and delight in seeing normally restrained Ottawans (and hipsters) try to play it cool when they come over and ask "what the heck is *that*, and where can I get one?!" These responses add to their confidence in their new product, as does the interest shown by prospective investors and retailers.

Who Are These Guys?

Bill was born in Newfoundland, and worked in new media and advertising in Montreal for ten years. At a certain point in his career he realized that he "either needed to move to California or settle down in a small community." He and his wife found Almonte, and are now parents to six-yearold twins. Bill already holds another patent (for a wave energy device), but a while back he heard another inventor say that it was good to "start with a toy" because they are easier to develop and bring to market, and you learn a lot from that process. Bill has been kicking around the basic idea behind the Hill-Glider for about a decade, and three years ago he bought some initial components and started playing around with them in his back shed (which was built in 1866, so has clearly absorbed a lot of Ottawa Valley inventiveness during the ensuing years!). A bad back kept him from testing out prototypes for a while, but that problem was solved when his nephew came for a visit and took one for a test drive. His enthusiastic response prompted



Inventors Bill Sullivan (left) and Mike Sorokowsky pose with their Hill-Gliders (and Mike's sons Ivan and Thor) in Almonte's Gemmill Park

Uncle Bill to persevere, and essentially bring the product to a level where other people began getting interested in it.

One of the first to come on board (no pun intended) was fellow Almontonian Mike Sorokowsky, who has played an integral part in the testing and development. Mike currently works in the wheelchair mobility industry but has a background in cycling, which may explain why all of the components on the Hill-Glider board (except for a few custom-designed brackets) are bike components. The first prototype even used a kids' bike wheel, although current models are much more refined to allow for better handling and sharper turns. The boards now come specially pressed from Quebec City, metal brackets are made for them in Almonte by Branje Metal Works, and custom hardware comes from Cornwall. Although the product will eventually have to be mass-produced, the hope is to use as much Canadian material and ingenuity as possible in the process.

So Where Can I Get One?

Bill and Mike are planning to have their first modest batch of Hill-Gliders ready to sell soon, so check in at <hillglider.com> and be the first to hit the "Buy Now" button when it goes live. They anticipate that their pressed maple boards will be in the \$200-250 range, with the carbon fibre boards going for \$400–500. There are some great videos of Hill-Gliders in action on their website too, but if you're in the area you may just want to pop over to the hill in Gemmill Park, where they are planning to build a ramp and teeter-totter for advance product-testing purposes. In future, with luck, they'll be available world-wide, but you can tell everyone that they were invented in Almonte!





* Rustic * Antique * Vintage * * Cottage/Farmhouse Style *

Have you stopped in to visit us yet? You'll be glad you did!

www.RusticRemnants.com 1670 Burnstown Road, 613-432-5555 **OPEN** 10am-3:30pm Monday, Wednesday, Friday, Saturday & Sunday

July 2016

www.thehumm.com

R



Unbound in Almonte

From July 22 to August 28, Sivarulrasa Gallery in Almonte presents "Unbound", an evocative exhibition of sculpture, drawings and paintings by four Canadian artists who see humanity as their muse. The exhibition brings together figurative works by sculptor Sue Adams (Almonte), painter Adrienne Dagg (Toronto), sculptor Marcus Kucey Jones (Wakefield) and painter David Kearn (Ottawa). "This is an exquisite collection of works from some very talented artists," says show curator Sanjeev Sivarulrasa, "and the works invite us to meditate on the human condition in all its beauty, mystery and contradictions." Everyone is invited to meet the artists and celebrate the opening of this show at the vernissage/opening reception on Sunday, July 24, from 2рм to 5рм. Admission is free, the gallery is located at 83 Little Bridge Street (in the Thoburn Mill), and more information can be found at <sivarulrasa.com>.



A Brew in Reviev

Kölsch-Style Beers, **Brewed in Ontario**

piness: enjoying a good pint of beer! This month, we'll continue in the general theme here in Ontario. In particular, we'll explore the world of the Kölsch, a light tasty ale that is gaining popularity with craft-brewers throughout the province.

by John Scime

In brewing circles, light, easily drinkable summer beers and ales are often referred to as "lawnmower beers" — a drink you would turn to to quench your thirst after a hot day working around the yard or garden. For me, this rather unfortunate description evokes a bland, typically mass-produced, characterless beer that is the poor cousin to the many robust and adventurous craft brews we enjoy today. When I started home-brewing beer fifteen years ago, my goal was to rid myself of reliance on beers such as this, and I quickly fell into the trap that many all-grain home-brewers before me had succumbed to: falling under the magical spell of hops and barley. I soon found myself thinking that if the beer wasn't big, bold and bitter, I wouldn't bother brewing it. At the time, the same was true for many of my brewing friends in the Members of Barleyment brewing club — we would brew brown ales, IPAs, bitters, stouts, porters, pale ales and the like. This seemed to be the way of things, except for one fellow in the club, Alan, who had spent time living in Cologne (Köln), Germany where the Kölsch style originated. While we were doing our thing brewing massively flavourful ales and such, this fellow steadfastly extolled the virtues of this simple, tasty German ale. And while I did not immediately come around to his logic and passion for all things Kölsch, it seems the general beer-buying public knew better; when Beau's Brewing Co. released a Kölsch-style lagered ale in 2006, it became their flagship brand: Lug-Tread.

The history of brewing in Cologne, a city founded by the Romans, goes back many centuries. During the medieval period and Middle Ages, the brewing industry there was dominated by guilds and influenced by trade monopolies. While the use of hops and bottom-fermenting lager yeasts was growing steadily in the rest of Germany by 17th century, in Cologne the use of these ingredients — and hops especially — was forbidden by town law well into the 1700s and was not legalized until some time later. These events had a profound impact on the history of brewing in Cologne, where brewers struggled to compete with the illicit lager beer trade that existed as a result of the noted rechallenges was by developing lager-like styles such as Kölsch that were brewed with top-fermenting ale yeasts.

hops. While this amount of bitterness might seem pale in comparison to an American Pale Ale at 70 IBUs, in a Kölsch or any other light ale or lager the hops are more apparent due to the lighter-bodied beer. Perhaps the most obvious trait of Kölsch is its them, these can be purchased at L.G. Lee and Sons clean, medium-bitter, dry, wine-like finish on the at 36 Mill Street in Almonte!

Brewing a beer this delicate takes a lot of skill, of "summer beers" by reviewing two fine since any mistakes you make during the brewcraft-brewed summer ales produced right ing process will become obvious in the finished product due to its delicate composition. Slight variations in temperature during the mash (grainsteeping), fermentation or lagering process can be ruinous. For this reason, it is not surprising to me that my two favourite Ontario Kölsch-style ales are brewed by two of the most respected breweries in Ontario: Creemore Springs Brewery and Beau's All Natural Brewing Co.



Both of these beers - Beau's Lug-Tread and Creemore's Kölsch – pour as a beautiful straw-coloured beer (Beau's is slightly more golden than the Creemore offering), with a shock of thick, frothy white foam present as a result of wheat malt in the grist bill. Both beers are also softly carbonated. In this regard, both beers are perfectly within style according to the recognized style characteristics established by the Beer Competition Judge Program - the standard for brewing competitions here in Canada. From this point they depart somewhat, with Lug-Tread's slightly more yeast-produced esters providing fruity banana-like flavours. Both beers have a wonderful, subtle biscuit flavour as a result of using the highest quality, freshest pilsner malts. Freshness is something I generally look for when buying new beers, since it generally guarantees that the beer has not degraded over time. Acstrictions. One way they may have adapted to these cording to the notes on my bottle of Beau's, it was bottled on June 3 and consumed twenty days later — so it was fresh!

While I do have a favourite here (sorry, I'm not As a style, Kölsch is a light, straw-coloured ale telling), both of these beers are fantastic brews and brewed with pilsner malt and up to 20% wheat malt. highly recommended summertime choices. The It is typically 4.4% to 5.2% abv, and ranges in hops subtleties of the Kölsch style and the obvious skill bitterness from 20-30 IBU (bittering units) from of the brew-masters have come through in spades, traditional hops varieties such as Tettnanger, Perle providing the drinker with the opportunity to enand Hallertau — all "noble" Bohemian/German joy a sophisticated, delicate, multi-dimensional and totally refreshing refreshment. Bottoms up!

> Interesting Beer Fact: In Cologne, Kölsch beer is served in a special 200ml, tall, narrow, straightsided glass called "stangen" or "rod". If you like



Delicious Daily Food Specials All Month July Room Deals Sun-Thurs! 15% Off room rates includes breakfast (HST extra) Every Wed. Rack 'n Tunes with Shawn McCullough (Country/Guitar) 7-10 Every Thur. Jazz Night with Spencer Evans Trio (Westport/Kingston) 9-11 Every Sun. Head Over Heels on the Patio (Guitar/Vocal Duo, Gananoque) 12:30–3:30 Fri. July I Canada Day Party with Turpin's Trail (East Coast/Celtic), \$107-11 Sat July 2 Jeff Callery (Folk/Rock, Brockville) 6–9 Fri. July 8 A Night with Sean McCann of Great Big Sea, Buffet & Show, \$50 7–11 Sat. July 9, 16, 23 & 30 Head Over Heels (Guitar/Vocal Duo, Gananoque) 6-9

Fri. July 15 Slocan Ramblers (Bluegrass, Toronto), \$15 8-11 Fri. July 22 George Reynolds (Folk/Rock, Westport), 6–9 Fri. July 29 Art Lajambe (Country/Rock, Stoney Lake), 6-9



6 F)

Cut to the Cheese...

But first, a note of appreciation to our ancestors, without whom we would not exist, and in addition to that — we would not have cheese! Unlike meat or vegetables, cheese is a derived food, made from an animal by-product: milk. Early in prehistory, animals were domesticated, and somewhere along the way the idea of using animal milk took hold. It must have taken both imagination and courage to develop milking as a process, before the develop-

by Sebastian Weetabix

ment of the milking stool and buckets. Weetabix suspects there were casualties along the way, but there is no record of these daring pioneers and their courageous and ingenious efforts. After a moment of reflective gratitude, we move on...

Milk is a complex liquid containing proteins, fats, sugars and a number of minor components, as well as water. Its composition differs widely among different animals. It is an evolved solution to the problem of delivering concentrated rations to relatively incompetent babies with high metabolic needs — nothing to chew, easy to access in a convenient ambulatory package, not much training needed to gather and ingest. Even new babies can suck down their daily dose, and the packaging is so handy and attractive that roughly half of the adult human population seems permanently fixated on it. Alas, the stuff does not keep well and thus... CHEESE!

Modern cheese-making is an exercise in discipline and restraint. It is surprisingly high-tech. The basic steps involve meticulous control of a number of variables, any one of which can go wrong with potentially disastrous results. Quality raw material (milk) is an essential starting point, and the cheesemaker must be involved in the supply chain. The next steps are critical to the transformation from fluid milk to a variety of solid products generically termed "cheeses" — a broad term that can



But first, a note of appreciation to our ancestors, without whom we would not exist, and in addition to that — we would not have cheese! Unlike meat or vegetables, cheese is a derived food, made from

> In the beginning was the curd — a transformation of soluble protein and fat into a soft solid from which much of the water in the milk can be removed. The by-product liquid (whey) contains much of the sugar (lactose) and some protein, and is traditionally fed to livestock. Simple cheeses (cottage cheese, ricotta, etc.) are very close to curd and are generally consumed soon after manufacture; they are delicate and close to milk in flavour. Salting, and a bit of pressing to expel more water leads to products such as feta - a cheese which has "shelf life". And the quest for shelf life in days before refrigeration led to the proliferation of real cheeses - the amazing and delectable results of fungal and bacterial transformations on a concentrated fat-plus-protein substrate. The management of these essential helpers is a large part of the art of cheese-making.

> Flavours are developed by the combined effects of bacteria and fungi, which can work both on the outside (rinds) and inside of the pressed curd. Careful washing with brine or other liquids is also involved with some cheeses. Patience, labour and constant attention to detail are essential. The end product is totally dependent on the control and nurture of complex biological processes that are highly influenced by environmental factors such as temperature, humidity and time.

> Over centuries, a rich tradition of cheese-making has produced hundreds of recipes for traditional varieties. Accidental discoveries have been refined, and today's cheesemakers are able to replicate and build on successes that were once the domain of regional specialists. There is a very fine line between processed and possessed — the first yielding something devilishly fine. A properly made cheese is like a fine wine — and equally challenging to describe in its magnificent complexity. Multiple experiments involving both cheese and wine are called for!

Back Forty Artisan Cheese

Not one to delay and tipped off by a reliable source (see page 26 of the June issue of theHumm), Weetabix took a pleasant drive through Lanark and successfully navigated to Back Forty Artisan Cheese, where Jeff Fenwick practices his art. A lovely setting is part of the attraction. Jeff and his wife Jenna have built a state-of-the-art cheese factory scaled to allow artisanal production of a variety of cheeses. They



Local cheesemaker Jeff Fenwick and his wife Jenna welcome you to their new Back Forty Artisan Cheese **Creamery & Cheese Shop** every Saturday from 10_{AM} to 4_{PM}

have integrated their small organic farm operation with a tasting room and shop where they offer some related products in a setting where they can be enjoyed. There is a long-term plan to combine this with event hosting and a number of activities — possibly even accommodations. But back to the cheese: despite their recent Grand Opening, this is not a newly-fledged enterprise. Jeff has studied and mastered cheesemaking and offers a full range of types (unripened, soft, hard and blue), all made from ewes' milk. His supply chain ensures a steady supply of high-quality milk from local farms, and he has developed robust distribution. Back Forty is open every Saturday from 10AM to 4PM, and going out to meet Jeff and sample his products is a great way to enhance a day in the country. Be sure to check out his website at <artisancheese.ca> for more information on details on where to buy his excellent products.







July 2016

www.thehumm.com

•

23

l'ent



ALMONTE ANTIQUE MARKET

mary pfaff Summer Art Retreat

Yoga & Drawing & Painting

Monday, August 8 to Friday, August 12 10:00 to 4:00 A joint workshop with painter, teacher and art coach Mary Pfaff and chill guide Amelia Ah You.

Explore your flow with moving meditation, using postures and movements inspired by Yoga and Qigong, to open your heart and your body. Immerse yourself in expressive drawing and painting where you can work from the landscape both in and outdoors. Gain an understanding of personal imagery and explore your interior landscape.

Treat yourself to the enchanting experience of creating on location. Acquire a range of techniques and inventive encounters that can be applied to the making of powerful work.

Don't miss this opportunity to relax, unwind and draw closer to nature.

Location: Mary's studio, 15 Bridge St., Almonte and Amelia's beautiful haven in Cedar Hill (15 min. from Almonte) Cost: \$500 including supplies

To register: marypfaffartist@gmail.com tel.613 257 9777 Visit **www.marypfaff.ca** for more information on accommodations, highlights of the area and directions.



Kingston Organ Festival

Brad Mills, Director of Music at doctoral student at McGill Uni- choral ensemble Musica Orbi-St. Paul's United Church in Perth, is a committee member on the Executive of the Royal Canadian College of Organists, Kingston Centre. Their committee is making final plans to host "I Feel the Winds - A Festival of Music", from July 11 to 14.

This festival, part of the fourday national conference of the RCCO, will bring celebrated Canadian and international artists to venues in Kingston and Belleville, just a short drive away for many readers of theHumm in Eastern Ontario.

Public concerts are daily, beginning with a Pre-Festival event on Sunday July 10, and ending with a Post-Festival event on Friday July 14. Here's a look at the line-up.

Spencer Evans and Silent Movie (the 1925 film Safety Last by Harold Lloyd): Sunday, July 10 at 8PM in the Gibraltar Room of the Four Points Sheraton Hotel (pre-festival event, \$15). Performing on piano, clarinet and accordion, Spencer has played all over the world, and has appeared on the *Tonight Show with* Jay Leno, CBC Radio's Vinyl Café and MUCHmusic. In recent years he has added his talented piano accompaniments to screenings of movies from the 1920s silent film era.

Capital Chamber Choir: Monday, July 11 at 8PM at St. George's Cathedral (\$25). Under the direction of Jamie Loback, this 27-voice choir, known for its energy, versatility and high-quality singing, has performed at Ottawa's Music and Beyond Festival and the National Arts Centre.

Mark McDonald: Tuesday, July 12 at 2:30pm at St. Mary's Cathedral (\$10). Third-place winner of the International Arp Schnitger Organ Competition in Bremen, Germany, Mark is currently a

versity's Schulich School of Music. He will perform a program of organ works written by Kingston composers, including former teacher Dr. David Cameron.

Rachel Mahon: Tuesday, July 12 at 7:30pm at Bridge Street United Church in Belleville (\$20). A graduate of the University of Toronto School of Music, Rachel went on to become an organ scholar at Truro Cathedral in Cornwall, England, and is now the William and Irene Miller Organ Scholar at St. Paul's Cathedral, London — the first woman to hold any organist post at St. Paul's.

Student Academy Concert: Wednesday, July 13 at 3:30PM at Chalmers United Church (free admission). Young and beginner organists immerse themselves in an enriched week of group and private lessons with experienced teachers. This is their opportunity to share their newfound skills with their colleagues and the public.

Isabelle Demers: Wednesday, July 13 at 8PM at St. Georges' Cathedral (\$20). A graduate of the Montreal Conservatory and Juilliard, Isabelle is Organ Professor and Head of the Organ Program at Baylor University in Texas. Her performance at the 2010 national convention of the American Guild of Organists was deemed "one of the most outstanding events of the convention". Her program includes the premiere performance of Descent-Ascent by Marjan Mozetich, commissioned by the Kingston Centre of the RCCO for the festival.

Patrick Wedd: Thursday, July 14 at 2:30PM at St. George's Cathedral (free admission). Organ performer, cathedral organist, composer, broadcaster, former Artistic Director of the acclaimed Tudor Singers and now Founder/Director of the

Nicaragua!

Coffee builds another school!

With funds raised from YOUR coffee pur-

chases SchoolBOX and Equator Coffee

Roasters are building another school in

This November, we're headed down to

learn and build! Join us - no experience

SchoolBC

MAKING EDUCATION POSSIBLE

necessary! schoolbox.ca/volunteer

Want to join the team?!

um, Patrick's program will focus on music by Canadian and transplanted Canadian composers.

RCCO College Service: Thursday, July 14 at 3:30PM at St. George's Cathedral (free admission). Featuring the Men and Boys Choir of Christ Church Cathedral, Ottawa, under the direction of Matthew Larkin and accompanied by Patrick Wedd, the service music will include Prelude and Toccata No. 1 by Kingston composer John Burge.

Felix Hell: Thursday, July 14 at 8PM at the Isabel Bader Centre (\$30). This young German concert organist has been described as "undoubtedly one of the major talents of the century". Born in 1985, he has had an active concert career since the age of nine, performing the complete works of Bach at age 21 and the complete works of Mendelssohn at age 24.

Dave Wickerham: Friday, July 15 at 7:30pm at Kingston Korean Church (post-festival event, \$25 adults/\$20 seniors/\$8 students). Playing his first theatre organ at age ten, he went on to pursue classical organ studies for six years at the University of Arizona. Dave has held positions all over the U.S. as staff organist at various pizza restaurants and given concerts in Australia. He will be performing on Canada's largest theatre organ, located in a former Anglican Church.

Tickets for the concerts range in price from \$10 to \$30 and can be purchased from Brad Mills (millham@sympatico.ca or 812-0871), online <kingstonfestival2016.ca>, and at the door (if seats are available). A special Festival Pass is available from the website for \$60, providing admission to five ticketed concerts (all except Spencer Evans and Dave Wickerham). - Brad Mills



Gifts & Information www.welcomewagon.ca

www.thehumm.com

July 2016

On Setting Goals Part Two

The Reever Report

(This article is also called "If you Part Two loved me!" Keep reading...)

A couple of weeks ago, I took our Sheltie, Bonnie, to the Regional Agility Trials. It was a goal I'd set over a year ago, and I was determined to just do it, as the Nike t-shirt says. Over one hundred dogs were competing in six

by Glenda Jones

rounds of trials, a situation that would usually unnerve me to the point of shaking. However, I went into it calmly for the most part. The agility gods were smiling, even though they were wiping their brows in the intense heat, I'm sure, and after the first day we were in third place in our category. Miraculous! Day Two wasn't quite so stellar, due in part to high winds and pouring rain, but we still finished in 7th place, with enough points to qualify to attend the National Championship in Montreal. Talk about gob-smacked! What to do, what to do?

In setting my lofty goals, I had never considered this situation. I thought we might attend a trial or two over the summer, but for the most part, we were going to rest on our laurels and watch from the sidelines. But now I've had to up the ante,



Glenda Jones and her Sheltie Bonnie are heading to the Nationals in Montreal, so now she needs you to take her volunteer shift at Puppets Up!

so to speak, and reset the goals to include having a decent showing at the national trial, as well as being there to soak up the ambiance and get the t-shirt. We're practicing again with renewed vigour — easy to do when Bonnie enjoys it as much as I do. You can be sure I'll let you know how this all turns out. There is nothing more fun than being with our dogs and our doggie friends, and sharing playtime. Agility trials are not about beating a competitor; they are about doing the best you can with your own dog, having a good play, and celebrating the achievements of your friends, as they do yours. We're all at different levels, the prizes are dog biscuits and ribbons, there are rarely spectators, and agility never makes the front page of the sports section. However, we'll all go for the treats and a day with our dogs, just for the pure joy of it.

Now, here's the Part Two. When our daughter was little, her catch phrase to get her own way was: "If you loved me...", said with batting eyelashes and her sweet little smile (where do little girls learn these tricks?). None of us were immune to this ploy. Even her brothers were known to fall for it. It worked then, and I'm hoping it's going to work for me now.

Can you imagine my devastation when I discovered that the National Trial was August 5–7, the same weekend as Puppets Up? My heart sank; we love this festival more than anything, never having missed one, spending all weekend sunburnt and happy amongst puppeteers, parades, parents, and happy little kids. The whole town is transformed into a carnival of joy, and we eat copious ice cream cones, BBQ hamburgers, and more ice cream, all in the name of celebration. We wear our volunteer t-shirts with pride, answer questions about our fabulous town, see everyone we know, wander the shops of Mill Street, watch the puppet shows, go to the cabaret, and get to know the puppeteers. Okay, you get the picture. It's simply the best part of summer!

How could we give this up? I struggled for two days trying to imagine how I could do both, but it is impossible. Sometimes I have to choose, and this time, because it is a special occasion, we're going to be in Montreal while Almonte is celebrating Puppets Up.

Here's the eyelash batting! Since Alan and I volunteer wherever we can, we are now absenting ourselves from all the fun tasks we love to do: hosting the various puppet theatres and organizing the various locales. I NEED your help here, folks! Kris Riendeau, our valiant volunteer coordinator, has been generous in her encouragement for my next big thing, but now she will have to replace us for the weekend, no easy task!

Please, please, "if you love me..." will you contact Kris and volunteer to help her? She can be reached at <kris@puppetsup.ca> or 256-0315, or you can get right to the online volunteer questionnaire by going to <puppetsup.ca>.

You get the t-shirt to decorate however you want, you get all the information you will need, a special place at the shows, and I guarantee you will have a weekend of the most fun in the world. You'll meet the puppeteers, you'll connect with wonderful new friends, and you'll be contributing to an event unlike anything you've seen before. Please give Kris a few hours or a day, or whatever you can spare. She needs people for a variety of tasks — from introducing the puppet shows to helping with the parade, from selling tickets to packing up chairs. She will have a position for everyone who applies - men, women, teenagers and seniors and every person will be highly valued.

There now, I'm getting up off my knees, and trusting that you will support both me and Puppets Up by helping with the festival. I couldn't go off happily if I didn't know that our tasks were being covered by wonderful folks like you!



OVMF Presents Wondrous Winds

The Ottawa Valley Music Festival continues its 2016 season with a concert by the Bel Canto Wind Quintet on Sunday, August 7, at Grace St. Andrews United Church in Arnprior. Wondrous Winds will feature a varied programme, including music by Richard Strauss, Krsystof Penderecki, Malcolm Arnold and Jacques Hétu.

The Bel Canto Wind Quintet has been in existence with various personnel since the mid-1980s. They perform extensively for schools through the National Arts Centre's education outreach program, as well as in public concerts such as this one in Arnprior.

The current quintet is comprised of Pascale Margely (principal flautist of l'Orchestre Symphonique de Gatineau), Susan Morris (principal oboist of the Ottawa Symphony Orchestra), Shauna McDonald (principal clarinettist of the Ottawa Symphony Orchestra), Benjamin Glossop (principal bassoonist of both the Ottawa and Kingston Symphony Orchestras), and French horn player Nigel Bell (member of the Ottawa Symphony horn section). The quintet will be accompanied by pianist Dian Wilkie.

The concert takes place on Sunday, August 7 at 3PM at Grace St. Andrews United Church, at 269 John Street North in Arnprior. Tickets are \$25 for adults, \$10 for young adults (under 30), \$5 for students, and free for children 12 and under.

For more information and to reserve tickets, visit <ottawavalleymusicfestival.ca>, email <info@ottawavalleymusicfestival.ca>, or call 649-2429.





Award-winning clinic with Almonte location!

MASSAGE

Ellen Symons, RMT delivers focused and effective treatment with deep tissue, fascial and relaxation techniques. Her Body Poets clinic in downtown Ottawa (10 RMTs, founded 2004) was voted Top Massage Therapist 2016*. Ellen is delighted to work both in Ottawa and in Almonte, where she lives. Top Choice Awards



Ellen Symons, RMT **Registered Massage** Therapist

Saturday hours available

Call 613-222-0465 Or book online: www.bodypoets.com

THERAPY

ALMONTE

359 Ottawa Street #3, Almonte (at Patterson - with Kim Narraway, RMT)

Festival of Small Halls 2016 Line-Up

The Ontario Festival of Small Halls is promising to ignite local stages this fall with a flurry of big music, and festival organizers are delighted to announce the internationally-renowned musicians who will be filling beloved community spaces with incredible sound.

The Festival of Small Halls is preparing to welcome big name musical acts to Eastern Ontario from September 15 to October 2, while also showcasing great local talent. After almost all of last year's shows sold out, the festival is expanding its scope to include 24 rural gathering spaces.

The musical celebration is taking place in intimate settings to build community, remind us why these spaces are an important part of rural landscape, and even attract visitors to new regions. The events will get toes tapping in charming venues from Maxville to Maberly, and from across the Rideau Lakes region to Burritts Rapids. Just as noteworthy as the venues are the artists who will be gracing the small hall stages this year.

Kelly Symes, festival co-ordinator, says the Festival of Small Halls is bringing in music that speaks to the soul of rural Ontario; guaranteed to enliven those authentic spaces — while also providing small town music fans the pleasure of experiencing big names in music.

'We hand-picked the artists this year, ensuring they have the energy and presence to fill a small hall to the rafters with incredible sound," said Symes. sure to win over crowds."

Organizers are thrilled to announce the ambitious line up of musicians who will be welcomed across Eastern Ontario and the Upper Ottawa Valley. As of press time, they included **Breabach** (at Stonefields in Beckwith on September 15 and Verch Band (at the Chaffey's Lock Hall on Sepber 23), Hat Fitz and Cara (at Ecotay near Perth please visit <thefestivalofsmallhalls.com>.



After a terrific year in 2015, the Ontario Festival of Small Halls is expanding to even more venues this year. Headliners like Elliot BROOD (above) will join

local talent at a beloved hall near you!

"They put on captivating live performances and are on September 25), **Harrow Fair** (at Mississippi Mills' Union Hall on September 29), Sheesham and Lotus and 'Son (at The Ivy on William in Smiths Falls on September 29), Jim Bryson (at the McDonalds Corners Ag Hall on September 30), and Sherman Downey and Matthew Byrne (at St. Andrew's United Church in Pakenham on at the Maberly Hall on September 18), the April October 1, and at the Burritts Rapids Community Hall on October 2). Local performers include tember 15), Basia Bulat (at the Almonte Old Brock Zeman, Kelly Sloan, Terry Tufts, Fid-Town Hall on September 16), Elliot BROOD dlehead Soup, the Lanark Fiddlers Guild, and (at the Nick Smith Hall in Arnprior on Septem- others. For the full line-up and ticket information,

Summer Storytelling

On Sunday, August 7, local children's author Jan Andrews will be at the High Lonesome Nature Reserve to read from her popular book *The Twelve* Days of Summer. This whimsical and beautifully illustrated story is based on the popular Christmas carol and guides the listener through the life cycle of plants and animals commonly seen in the summer in this area. It's aimed at children from pre-school to grade 2, but appeals to the child in all of us.

If ever there was a book that grew out of our landscape, it is this one. In fact, that song sparrow nest that appears at the beginning, those three ruffed grouse who strut their stuff, the seven moles a-digging, the ten crows a-cawing, along with all the other inhabitants of the tale's unfolding, are inhabitants of Jan's own backyard.

Jan lives down the end of a road on a Mississippi Mills lake and loves it. She spends her working days by a window looking out over the water. In that lovely venue she recently created the young adult novel The Silent Summer of Kyle McGinley, and a folktale collection entitled When Apples Grew Noses and White Horses Flew. Tales of Ti-Jean was the winner of the Ontario Library Association's Forest such classics as Very Last First Time, The Auction and Stories at the Door.



Local storyteller Jan Andrews will be at High Lonesome Nature Reserve on August 7

Registration begins at 9:30AM, with the reading and discussion starting at 10AM. For those interested, Jan will have her book available for purchase. Cold drinks and cookies will be served. Donations are appreciated, to help Mississippi Madawaska Land Trust conserve and make available for comof Reading Silver Birch Award. She's also known for munity enjoyment wonderful natural lands such as High Lonesome. For further information and a map, visit <mmlt.ca/events>.

www.thehumm.com



Father-Daughter Reconciliation Tale Opens Classic Theatre Festival Season

Themes of reconciliation across the generational divide underscore to combat a lot of fear inside of ourselves. We're indigenous/settler relations at the time of Perth's the opening show of the **Classic Theatre Festival** summer season: Neil Simon's 1979 comedy, I Ought to Be in Pictures, which runs until July 17 at 54 Beckwith Street East in Perth.

The story of young vagabond Libby Tucker (Alison Smyth), who that she made a plan and stuck by it even though she shows up on the doorstep of her writer's-block-plagued father, Herb (William Vickers), after years of disconnection, is a universal tale that every family can relate to. As these former Brooklyn denizens hash out differences in sunny California, their backdrop is the world of 1970s Hollywood, when Tinsel Town still had a certain amount of glamour, and "the business" — as insiders call the world of filmmaking — was still one of the main economic drivers for the state.

The verbal fireworks and wisecracks that ensue are delivered courtesy of Vickers, a 28-year Shaw Festival veteran who returns for his third season in Perth, and Toronto-based Smyth, who was nominated for best actress by the Capital Critics Circle in last year's CTF production of Wait Until Dark.

"I can relate to Libby because both of us carry a lot of hope inside of our hearts," says Smyth. "We both fantasize about the future and plan out important conversations so that we're well rehearsed in the actual situation. We both seem like very confident people but have



Alison Smyth and William Vickers square off in the delightful father daughter Neil Simon comedy, I Ought to Be in Pictures, playing until July 17 at Perth's Classic Theatre Festival



stantly battling negative voices inside us."

had no idea what would happen when she reached her destination. She had to go find her father because she wanted to let go of the hostility she had towards him. She wanted to go forth in her life without carrying that around. She did something for her own wellbeing at a fairly young age. I also love the way she is unabashedly herself, with no qualms about others' perception of her. She just does her thing. When I was nineteen I was the same way."

Libby is inspired by actress Jane Fonda, still a major Hollywood icon after five decades. Turns out so is Smyth, who was impacted in a big way when she read the actor/activist's autobiography in 2010. "At the time I had no idea, but now I see that book as a catalyst for change in my own life; change that has taken six years to manifest, and continues to do so."

For Vickers, the character of Herb is "a middleaged, intelligent, articulate, Hollywood script writer at a crisis point in his life. He's reached this point due to immaturity, but he has a wonderful childlike sense of humour. He takes delight in making others laugh. I'm pretty sure he was a class clown. He can be someone who is selfish, stubborn, lazy and fearful, and loves to blame others for his failures... but don't we all? He's human. So when Libby enters the picture, there's a fantastic collision of immaturity and intellect, which is the fuel for wonderful theatrical conflict resulting in high comedy and sensitive vulnerability."

Vickers received critical kudos for last year's performance as the eccentric Victor Velasco in another Simon comedy, Barefoot in the Park, and has also appeared in the Festival's *Blithe Spirit* as the skeptical Dr. Bradman. A performer who seeks out a large variety of roles, he plays on stages across the country on a regular basis. He will also appear in a very different role as Inspector Goole in the CTF's third production, the gripping mystery An Inspector Calls, in which a body has been found and everyone is suspect.

The Classic Theatre Festival's expanded 7th season also includes a production of George Bernard Shaw's Arms and the Man, as well as two theatrical historic walking tours. Perth through the Ages features River of Memory, a new play about early

always trying to be positive about life but are con-founding, while A Taste of Perth is this year's show for the Friday night Lonely Ghosts Walk, a musical Smyth also likes her character's bravery: "the fact romp about the battle between whiskey distillers and feisty temperance women.

> For tickets and more information, please visit <classictheatre.ca> or call 1-877-283-1283.



River of Memory

River of Memory is a family-friendly, historical play that moves through downtown Perth Wednesday to Sunday, from 11AM to noon, telling the story of early Indigenoussettler relations at the time of Perth's founding in traditional Algonquin territory. This compelling story features Morgan MacDonald, Garrett Pipher, Emily Richardson, and Connor Williamson. Part of the annual River of Memory project of the Classic Theatre Festival, it runs until August 28. Tickets are available at <classictheatre.ca> or 1-877-283-1283.

Look your best for this summer's weddings and reunions! The Benefits of Facial Rejuvenation Acupuncture



Reduces fines lines on your face · Firms and reduces bags under your eyes Improves muscle tone & tautness of skin Does not paralyze muscles like Botox

- Helps eliminate puffiness by improving metabolism
- Improves facial color by increasing circulation Reduces stress evident in your face
- Slows down the aging process
- Tightens pores and brightens your eyes
- Promotes overall health and well-being
- Improves hormonal balance thus hormonal acne can be benefited

"My friends kept asking me what I had been doing because I looked GREAT!" Call by July 31 for your free consultation.

Check out "Facial Acupuncture"

on the Dr. Oz Show!



27

After

Hands on Healing

www.thehumm.com

July 2016

Summer Art at General Fine Craft

your imagination.

Closing on July 3 is a special exhibition of finely crafted jewellery by Barbara Mullally (Clayton) and intricately decorated porcelain pottery by Maureen Marcotte (Wakefield, QC). Don't miss these two artists who have long been dedicated to their respective studio practices, always experimenting with new techniques and materials to express their creativity.

From July 5 to August 14, we feature Chandler Swain's figurative/functional ceramics and Meaghan Haughian's mixed-media works on paper and panel.

Chandler Swain lives in Blakeney along the Mississippi River, where water, earth, sky and animal life influence her daily. She says that "it has been so powerful

te, with all kinds of things to do a long winter is very profound and see. General Fine Craft has when one can see the changes three excellent feature exhibi- on a daily basis." Her new cetions which are sure to captivate ramic work takes on functionality and the figure in delightful and thought-provoking ways. She hand-builds figures and trees using porcelaneous stoneware, colouring with stains and glazes before firing them. They are animated, poignant and delightful. She dedicates this series of work to "the folks who created and maintain the forest paths we get to walk each day - which includes the volunteers from the Almonte Fish and Game Club, Stephen Brathwaite, Greg and Marianne Smith, and the forest management team at the Mill of Kintail."

> been a huge influence on other potters and artists, as well as being an advocate for the arts in the Ottawa region — indeed, across Canada. Among many other en-

Summer is a fun, busy time for to watch spring unfold in the for- deavors, she has established The residents and visitors to Almon- est: the magic of this rebirth after New Art Festival, 260 Fingers experiences and emotions that and General Fine Craft. She's also a pottery teacher, exhibition juror, overall humanitarian and (as anyone who knows her can attest) an inspired ideas person!

Ottawa based mixed-media artist Meaghan Haughian has a youthful energy which parallels Chandler's, so it's very appropriate that they're showing together at this time. Meaghan received her BFA from Mount Allison University in 2004 and has since been active at a grassroots level in the Ottawa arts scene. Her studio work incorporates painting, photography, printmaking, collage and stitchery techniques in a 2-dimensional format. Thematically, her latest series focuses on the dualities that exist in life's For decades, Chandler has most significant relationships. In this work, figures appear and disappear from view, replaced with patterns sewn into the image surface.

Meaghan seeks to "capture the we share collectively as human beings but often experience in isolation... searching for balance and connection: interior and exterior, presence and absence, hope and despair, growth and decay." You can find your own connection in her work and unconventional techniques.

Join us for the opening to meet Chandler and Meaghan on Sunday, July 10, from 1 to 3PM at 63 Mill Street in Almonte.

In conjunction with our neighbour Carriageway Studios (68 Mill Street, Almonte), General Fine Craft with be open late during the first ever Carriageway Night Market on July 7.

And from August 16 to October 2, see the work of potter Leta Cormier and painter Mary Pfaff. You'll find more details on our website at <generalfinecraft.com>. Have a happy, art-filled summer! — Richard Skrobecki



Works by ceramics artist Chandler Swain (such as the whimsical "Forest Management" pictured above), as well as mixedmedia artist Meaghan Haughian, will be featured at General Fine Craft in Almonte from July 5 to August 14

Following Fledglings

Birder's Eye View 4

Fledglings, fledglings! Boy, is this a fun time of year or what? Our backyard feeders, forests, community parks and walking paths are full of activity, with moms and dads busy showing their young how, what and

by Bob Volks

where to forage for food. From ducks and geese to purple finches and hairy woodpeckers, the sights and sounds of raising young birds is in full swing. Over the last few days, our yard has been a chorus of calls, squeaks and chirps from all sorts of fledglings communicating with their parents. We watched a female hairy woodpecker showing one of her offspring the ropes - going to and from feeders to trees and back. This is a very vocal activity that we have watched up close from our screened porch: she goes feeder to feeder with the fledgling in tow, feeding him pieces of peanuts and sunflower seeds.



Hairy woodpecker photo courtesy of Sally Hansen

fledglings, On several occasions we watched perching to swoop down on her go to the same place on a dead limb of a maple tree where she imitates excavation of that part of the limb. As her fledgling approaches, she takes the seed from the hole and feeds it to the young bird; she then repeats the process over and over, going to the same spot on the limb each time, very fun to witness.

Where to Watch?

Should you want to see some of this activity, there are several great places to go in and around the area. The parks and walking trails in Almonte are particularly great for birding. From the parking lot just behind Heritage Court there are several walking routes available that cover easy terrain for all ages to see many different species of birds.

Mill of Kintail The <mvc.on.ca/places-to-see/millof-kintail> has terrific trails to walk and see bird life, butterflies, positive energy of being in nature.

Pakenham has a great wa-Bridge where you can see swaltake back to their nesting sites, as channel, a fledgling announceand lots more.

is to travel the back roads this time year. Many farmers are taking their first-cut hay off, so fields will be full of hay bales where you can often see red-tailed hawks

now-exposed mice and snakes. Then there is the precise cruising and flying ability of the northern harrier (the fact that this fine raptor has a U.S. fighter jet named after it tells a story!). They can be seen in the open fields flying very close to the ground; once prey comes onto their radar they stop on a dime and hover in midair until it's fixed in their sights, then they pounce feet-first. From Almonte, try going out the Blakeney Road, then onto Panmure — this can be done in a loop on your way to Pakenham or on your return. While passing through Blakeney, be sure to stop at the waterfront park there, where you can admire birds, turtles, the endangered Rapids Clubtail dragonfly (if you're lucky), or just the natural beauty of this hidden gem. Contact me if I can help you with directions or resources to any of these activities or areas.

Here at Gilligallou Bird, Inc. flora and fauna, or just to feel the we are so excited to announce the beginning of our "five years in business" celebrations; over terfront park by the Five Span the summer, watch for postings of events, sales, promotions and lows performing aerial acrobat- some fun stuff happening! Comics and catching bugs in the air to ing very soon to our YouTube well as shore birds, water birds, ment of our own will be released — please subscribe and share One of my favourite daytrips to be notified of all the updates. We're all a-twitter!

- Bob Volks can often be found at Gilligallou Bird, Inc. in Almonte's Heritage Court
- <gilligalloubird.com>.



Finding Yourself in Middleville

There are three kinds of people in this area: people who proudly say their family has been in the Valley for generations; people who've moved here in the last few decades and who are usually pretty interested in the history of the townships; and summer tourists. All of them have excellent reasons to head for the Middleville & District Museum (half an hour's country drive from Almonte).

For people who have family roots in this part of the world, the museum is a treasure trove. All the items are direct gifts (or loans) from the descendants of original settlers, so they carry with them the very touch of the people who used them in their homes and at work. The museum is also a repository of written local records family trees, diaries, Bibles and more - and an amazing set of documents tracing family histories has been digitalized (David Murdoch, the museum's family historian, can help guide people through it).

People who've moved here recently have often fallen in love with the area and want to learn as much as possible about the people who made it what it is. Well, most of the museum's (entirely volunteer) "staff" are people who come from here, and they know everything there is to know about the area and its people. Come for a visit and ask for stories — they may get complicated and go off at an unexpected angle, but they will be fascinating, for sure.

And then there are **summer tourists**. This area is beautiful and the lakes are cool and inviting, but there are always those days when people get restless and want to "do something". The Middleville Museum, with its complete original log cabin that's been re-built and furnished circa mid-1800s; its re-created shoemaker's, blacksmith's and carpenter's shops; its horse-drawn and early gas-powered vehicles; and its friendly and knowledgeable people, is open Friday through Sunday and holiday Mondays from 11AM to 3PM, as well as on request (phone Alice Borrowman at 259-5462 to arrange for a weekday visit). Find out more at <middlevillemuseum.blogspot.ca>.

Nick Giardino's Downtown Style

lon & Academy" certainly promises more made biscotti or chocolate croissant. than a quick trim. The bio and credentials of its owner, master stylist Nick Giardino, About the Hair salon at age 14, and his route to Canada in-

by Kris Riendeau

and Sanrizz, as well as styling, teaching and platform work all over the U.S. and Europe. International magazines feature his work on their covers, and the posters on his walls are all photos of his own creations (in fact, he even discovered a few of the models pictured there).

But the biggest indication that something special is happening comes from Nick's plans for his new business. Although not a styling school, with the "Academy" part of this new salon Nick intends to offer hairdressers and apprentices the opportunity to share ideas and learn advanced colouring and cutting techniques through soirées. He plans to bring



guest artists to these events, including experts in the fields of fashion and make-up as well as hairdressing. A library at the rear of the salon is stocked with magazines like German and British Vogue, as well as books on photography, great restaurants, and the history of fashion. Future plans also include the launch of a line of make-up that Nick is developing with his sister Lucia (who has worked for MAC Cosmetics, and done the make-up for the imagery that is featured in the salon). Nick also designs clothing, and anticipates eventually bringing in a line of separates and made-to-measure suits.

In the meantime, you can also drop in and grab a clients and walk-ins (Nick will also retail the machines beginning in the fall, and can order coffee at <giardinolifestylesalonandacademy.com>.

When is a hair salon not simply a hair sa- for home use). In the interest of becoming more inlon? The name of one of the newest busi- volved in the community, he is even in the process nesses to open in downtown Carleton of putting in a front patio on Bridge Street, where Place offers a clue: "Giardino Lifestyle Sa- you will be able to enjoy a coffee and a specially-

offer more. Born in Rocca San Giovanni, Coffee and couture notwithstanding, Giardino Italy, Nick began apprenticing in his aunt's Lifestyle Salon & Academy is first and foremost a hair salon, and as such they offer services such as volved training in England under Sassoon haircuts and colours for men, women and children. It's worth your while to peruse their informative website <giardinolifestylesalonandacademy.com>, to become acquainted with Nick's palette of colour services, which includes such menu items as The Illuminator ("a few judicious touches of shimmering, glimmering, face-framing colour around the front sections of your hair") and The Bronzer ("this wash of warm colour is tailor-made for your skin tone to give a gentle, sun-kissed glow to your complexion, no holiday required"). The salon also carries several well-curated hard-to-find product lines like Bumble & Bumble and Oribe.

Why Carleton Place?

In recent years Nick has worked in Stittsville, and then in Holt Renfrew on Bloor Street in Toronto. When asked why he chose to locate his new salon in downtown Carleton Place, he responded that: "the mission of our salon and lifestyle store is to make our location in Carleton Place a destination point in the Ottawa Valley area." Another determining factor was the availability of the gorgeous building at 129 Bridge Street that most recently housed Valley Granite and Tile (although Humm readers may remember it as the home of Brush Strokes). It was actually one of Nick's Stittsville clients - who followed him to Toronto when he was at Holt Renfrew — who mentioned that the space was becoming available back in February of this year.

So far Nick has been very pleased with his reception to the town. He would like to extend an invitation to area artists to contact him about displaying their work on his white walls, and to photographers to contact him about using his space for photo shoots. And of course, everyone is welcome to contact him about getting their hair done!

Giardino Lifestyle Salon & Academy is located at 129 Bridge Street in downtown Carleton Place (just down the road from the new Chesswood rescup of Nespresso coffee, which is available to salon taurant that we wrote about last month). They can be reached at 492-6000, and you can find out more





Located on Bridge Street in Carleton Place, the interior of Giardino Lifestyle Salon & Academy combines heritage tin ceilings and exposed brick walls with modern furnishings (above). Below left are just some of the many magazine covers to feature owner Nick Giardino's work.



For the Love of a Good Book

As the staff of public libraries will tell you, we are tirelessly trying to communicate the message that libraries have and are "More Than Just Books"; and they are. The issue is that libraries also house lots of books that are filled with amazing stories, hints to make our lives better, reflections of our history and the history of other places and times. Why do we, as librarians, need to talk about our print collections in hushed tones? Why do we feel the need to downplay the importance of our collections to the public at large, instead focusing mainly on our other services and available technologies? I love technology. I enjoy reading e-books, downloading titles to my tablet and delighting in all of the perks technology provides, but there are still many people who will tell you that there is something about the feel of a book in your hands that no technology can replace.

by Kelly Thompson, Librarian

I have read many articles telling me that print books are "out"; that no one reads anymore. I think the day I believe those statements will be the day I leave this career of mine. Every day I see countless people walk through our doors seeking the latest release, or trying to find a treasure that they have somehow missed on the shelves. They fill their bags and leave happy. They are not all senior citizens, as some articles would have you believe, but families, teens, and everyone in between. I'm not sure why we are trying so desperately to push books aside. Online publishing may be cheaper and more accessible in today's world, but not everyone is buying into the idea that books are relics to be recycled and emptied from library shelves. Our patrons will be the first to tell you that's simply not true.

As for me, I love to stay inside on a rainy day and cuddle up with a cozy mystery. I enjoy spending downtime reading about adventures I will probably never go on, but which will remain on my bucket list because the author has made it all sound so life-altering that I feel the need to reach for it. I like looking around my home, which is usually scattered with piles of books I am currently reading, and those that may not be read until long after retirement. There are books I read to my daughter while she was sitting on my knee with her holding one side while I held the other. There are books that helped me through my divorce, and others that helped me when my father passed away. They are memories, as well as stories. I love my books and I love our libraries for having them.

Bibliophilia Book List

For those who love books more than people...

- Reading like a Writer: A Guide for People Who Love Books and for Those Who Want to Write Them by Francine Prose
- The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer & Annie Barrows
- Book Lust: Recommended Reading for Every Mood, Moment, and Things are heating up in the planning kitchen for *Reason* by Nancy Pearl
- The World Between Two Covers: Reading the Globe by Ann Morgan
- Kelly Thompson is the CEO of the Renfrew Public Library



Westport and the Rideau Lakes are alive
with great activities and entertainment
this summer, and we hope you will find
your way to participate in these wonderful
events. Image: Content of the second second

events.

For motorcycle enthusiasts, we have two full days of bikes, bikes, bikes coming up on July 9 and 10! At the Lockwood Park Field and the Community Arena in Westport, you'll find the Rideau Thunder Motorcycle Show with vendors of accessories, as well as great food. There will be live entertainment and just plain great fun, so be sure to add this event to your calendar.

by Georgia Ferrell

Words

The Westport Arts Council has been busy preparing more lively and interesting events for your pleasure. Stories and Songs is an evening of delightful entertainment for the whole family. Held at the Spring House at the foot of Spring Street at the Harbour, on July 10 Gary Tregaskis and Hermann Amberger will fill your ears with tunes and stories, and on July 24 Deborah Dunleavy and The Alexander Brothers bring joy to your soul. Bring your chair and perhaps a coffee, for 7PM.

The Fiddlin' on the Rideau competition for amateur fiddlers will hold auditions on July 23 at the Westport United Church, and the finals will be held August 20 during MUSICwestport, our annual festival featuring performers from far and near. With an opening evening on August 19, two stages running from 10AM to 5PM on August 20 and even more music at the Cove Inn that evening, this year's tenth anniversary should be a terrific celebration!

Come for a visit at any time during the year, and be sure to bring your camera. Take your best shot and enter it in the **Photo Contest** which runs until December 31 and offers prizes for the winners. Visit <westportartscouncil.com> for lots more details.

the kids, and even for us big people. The Centre can be had at the Tangled Garden, Steve's Restaufor Creative Learning is holding **The Art of Self** rant, and Cottage Coffee — super home-cooking **Care** from July 15 to 17 at the Grist Mill on Main here. See you in Westport and the Rideau Lakes! Street. Treat your mind, body and soul to three



From the quirky floral displays by Westport in Bloom to the Arts Council's Stories and Songs, there's lots to see and do in Westport this summer!

wonderful relaxing days. Find out more by emailing <info@centreforcreativelearning.com>.

Acorn Pottery in Westport is hosting daycamp sessions for kids aged 7-12 from July 11 to 15 and August 8 to 12 at the Westport Free Methodist Church. The theme is "Express Yourself through Art and Movement" and it will be a super time. Contact <info@acornpottery.ca> for details and registration information.

For the in-between hours there is great shopping and delicious food to be had here in Westport, so plan to spend the day, or the weekend! Visit the Westport and Rideau Lakes Information Centre staffed by the Chamber of Commerce for lots of great things to do in our area. There's always terrific The area also offers events and day camps for music and food at The Cove Inn, and great dining

Setting the Table for Barns, **Farms and Wicked Chefs**

The Table Community Food Centre's annual foodfocused fundraising gala: Barns, Farms and Wicked and perhaps a little familiar (think Hungry Planet). Chefs. Celebrating its 5th anniversary, the popular Perth Brewery will be back again as the exclusive event will be on August 27 from 5:30 to 10PM at supplier of craft beer for the evening. New this year Ecotay, one of the county's most idyllic country settings. The area's top chefs, musicians, brewers Perth's new craft distillery, Top Shelf Distillers. A and distillers, plus dozens of dedicated volunteers, are joining forces once again to deliver this magical summer celebration of regional food, drink and have been expanded this year with weekend travel music — all for a good cause.

amazing food with the bounty that Eastern Ontario has to offer. Guest chefs are committed to using local, seasonal food for this event — an easy and disappointment and get your tickets soon. Tickpleasurable task in late August when so many fruits ets are \$125 per person, with an \$80 charitable and vegetables in our area are ripening. Participat- tax receipt, and are available at Tickets Please ing businesses include Wilf & Ada's and Arlington Five from midtown Ottawa, Perth's Fieldhouse and Coutts Coffee, Castelgarth catering, The Opinicon Resort, Temples + Taste, and the Merry Dairy ice cream truck. John MacDougall will be back with his The Branch in Kemptville and Two Rivers Food Hub will be smoking something — beef that is!

Of course Judy Dempsey, Community Chef at The Table, will be barbequing something delicious will be a tasting of the critically-acclaimed gin by selection of regional wines matched to the plates will also be available. The silent and live auctions packages, fabulous entertainment tickets, and a Some familiar and some new chefs will create wide array of enticing merchandise - follow the event's Facebook page for updates.

> This event has sold out in past years, so avoid <ticketsplease.ca> or by calling 485–6434.

All proceeds from the event support The Table's diverse food access, food skills, and social justice programs. The wider community's support, through this event and other contribufamous wood-oven pizzas, and Bruce Enloe from tions, is essential to the continued success of their work. For more about their programs, please visit <thetablecfc.org> or follow them on social media.

When the Music **Stops Playing...**

contributions that music makes to the well-being and development of our students, and supports the program accordingly.

by Tony Stuart

that being in Band has made on many young people. The bottom line is that students benefit from music education, and as music teachers, whenever we hear about good programs being cut or scaled back, it is disheartening.

There are rumblings that some of our local schools are going to be experiencing significant cutbacks to their music programs, despite the fact that they have excellent teachers who have been in this game for a long time. I can't comment on specifics as I am a teacher myself, and this is unfortunately very much a political issue. What I can do, however, is provide my views as to why I think this is music programs are important — too a short-sighted approach with long-term many to list here. In the end, decisions consequences.

When our young people play or sing in a school ensemble, they are learning many valuable life skills that are going to stay with them for a long time, and shape the people they will become. In this article I'm going to be using Band as the example, but this could just as easily be Orchestra or Choir. Commitment is the first one that comes to mind. Being in Band is a year-long commitment. It takes the better part of a school year to get young people really trusting each other and learning to play as an ensemble, and this only happens after many hours of rehearsal. When we teach our young people to commit to something, chances are they are going to use this ability to follow through in other areas of their lives.

Self-discipline is next, in my opinion. Here's the reality: at every rehearsal there so? is one of me and sixty teenagers with expensive noisemakers in their hands. Students have to be aware at all times of their role within the band. In some instances playing louder is necessary, but in other instances it is important to play **Editor's Note:** Want to have a say about quietly, lending subtle support to the melody. There is also the self-discipline required to practice on your own time visit <ucdsb.on.ca> or <cdsbeo.on.ca>.

I am very fortunate to be a music outside of rehearsal. In our digital age teacher at a school that values the there are countless distractions, including the social media flavour of the month. Finding the discipline to step away from those distractions is very important.

My colleagues in the physical educa-I've been here for sixteen years tion department have one big advantage and have seen the positive impact when it comes to instilling a sense of teamwork in students: It is right there in front of them when they play against another school every week during the season. Band also develops teamwork, but in a very different way. We do go to competitions once in a while, but in Band we are most often competing against ourselves to make each rehearsal and performance better than the last. This type of teamwork is really important. Every member learns that the whole is much greater than its individual parts. This is especially evident when you listen to students playing their parts individually. An instrument doesn't sound like much in isolation, but put all of those sounds together, and you create magic.

There are many more reasons why to cut or scale back music programs almost always come down to money. As I mentioned above, this is a short-sighted approach. The problem is that once you take apart a music program, rebuilding that program takes a long time. Music is one of those programs that is a differentiator when people are choosing which school they would like to attend. Shortterm gain doesn't make up for the fact that for every student a school loses, they lose a significant amount of money down the road.

Music programs help create a positive culture at schools. In an increasingly selfcentered, apathetic society, don't we want our young people to have opportunities such as Band, Orchestra or Choir, especially when there are excellent teachers who are willing to give their time to do

– Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.

local music programs? To find contact information for area school board trustees,



Office: (613) 253-3175 jenn-macdonald@coldwellbanker.ca *Independently Owned And Operated

HERITAGE WAY REALTY, BROKERAGE* 57 Bridge Street, Carleton Place

July 2016



Thursday, August 18, 6PM

Enjoy a multi-course dinner featuring Canadian cuisine from coast-to-coast-to-coast!



Special musical guest: Renowned Canadian fiddler, stepdancer and singer

Kelli Trottier

Tickets \$95 plus HST for dinner and the show Tickets available in advance at the Perth Manor or by calling 613–264–0050 ext. 2

23 Drummond St. West

www.perthmanor.com



Him

21

The Municipality of Mississippi Mills is proud to support





The Art

IMMe

Live entertainment, family canoe races, activities for all ages and fantastic fireworks! Be sure to visit the Antique Car Show in downtown Almonte on July 1. **www.exploremississippimills.ca**





Three days and nights celebrating the Valley's Celtic roots, featuring music, song and dance in Gemmill Park. Don't miss the parade Saturday morning. Admission by donation. www.almonteceltfest.com



Come for the 12th annual festival. Terrific puppet troupes from Canada and around the world perform in tent theatres, with musicians, clowns and a puppet parade on the street!

www.puppetsup.ca



33RD North Lanark Highland Games August 27, Almonte

Celebrate Scottish culture and the heritage of the Ottawa Valley with pipe bands, dancers and athletes.

www.almontehighlandgames.com





Free outdoor music concerts in Almonte's Augusta Street Park. BBQs, potlucks and more.

F/FriendsOfAugustaStreetPark





The 158th Fair has entertainment, midway, livestock shows and homecraft displays all weekend, and Demolition Derby Friday evening. This year's theme is "Ag Days by the Mississippi."

www.almontefair.ca

Pakenham Fair

August 13, Pakenbam

Animal, craft and horticultural shows, local food and fun for all ages. This year's theme is "Animal Antics!" www.exploremississippimills.ca



A fabulous two-day festival of the fibre arts that includes demonstrations, vendors, performances, quilt exhibits and much more. www.mvtm.ca

For more information, please contact Tiffany MacLaren at tmaclaren@mississippimills.ca or visit www.exploremississippimills.ca



